

Morning Lesson

525,600 MINUTES

Eph. 5:15, 16

INTRO:

1. In the musical RENT there is a song that reminds the listeners that there are 525,600 minutes in each year.
2. Those lyrics can remind us of another song that we sometimes sing in our assemblies.
3. That song asks a very important question: "How are we using God's golden moments?"
3. "Into Our Hands" by Tillit S. Teddlie.

I. HOW CAN I USE SOME OF THOSE MINUTES?

- A. In about 20 of those minutes I could have stopped by the hospital to visit and pray with a fellow Christian recovering from surgery or some ailment.
- B. In about 5 of those minutes I could have graded a World Bible School lesson and put it in an envelope to return to someone somewhere in this world.
- C. In 365 of those minutes I could have said a prayer with my child every single night of the year.
- D. In 1 of those minutes I could have texted or emailed someone that visited our services.
- E. In 30 of those minutes I could have visited a widow and enjoyed a glass of tea or lemonade.
- F. In 520 of those minutes I could have had a five-minute devotional with my family twice a week.

II. TIME IS PRECIOUS.

- A. "Lost wealth may be replaced by industry, lost knowledge by study, lost health by temperance, but lost time is gone forever."
 - B. "For yesterday is but a dream and tomorrow is only a vision; but today, well lived, makes every yesterday a dream of happiness and every tomorrow a vision of hope."
- A. Life is a vapor -- use time wisely. **James 4:13, 14**
 - B. Redeem the time. **Eph. 5:15, 16**

CONC:

1. Too often, in the moment, we are paralyzed by thinking that we do not have time to do something.
2. One important thing in the New Year that we cannot start over is time.
3. Let's resolve to use it as wisely as we can.