

# Evening Lesson

## The Hardest Pill to Swallow

As a child, learning to swallow medicine can be a difficult task.

The song, The Greatest Commands reminds us of the most complex challenges found in the teachings of Christ, humility.

I. Humility is hard to swallow because it requires a change in attitude (Mark 12:28-34; Matthew 22:40). Changing our attitude requires us to...

a. Change our \_\_\_\_\_

b. Change our \_\_\_\_\_

c. Change our \_\_\_\_\_

d. Change our \_\_\_\_\_

II. Humility is hard to swallow because it demands a change in behavior, altering our...

a. \_\_\_\_\_ (Philippians 2:1-11)

b. \_\_\_\_\_ (Colossians 4:2-6)

c. \_\_\_\_\_ (Titus 2:1-9; Ephesians 6:5-9; Hebrews 13:17; Ephesians 5:22-6:4; Colossians 3:11; James 2:1-8)

The problem is sometimes we do not want to swallow the pill of humility. Or we only want to swallow a part of it, which leaves a bitter taste in my mouth of the non-swallowed portions.

If our communication and relationships lack humility, perhaps the issue is deeper. Maybe, we still think that I am my own personal Savior.

Jesus is our perfect humble example. He sacrificed Himself, knowing that we would struggle to humbly accept His help. Will you, will I, take the soul saving medicine of the Great Physician?