

# Morning Lesson

## WHERE IS YOUR HEART?

**Matthew 6:16-24**

### INTRO:

1. Question: where is your heart? Who has it? What has it?
2. Jesus addresses four aspects of life and behavior and our hearts.

### I. FASTING AND MY HEART. **Matt. 6:16-18**

- A. The OT did not have a specific command to fast. **Lev.16:29, 31; Psalm 35:13**
- B. Over time, periods of fasting were established to commemorate national disasters. **Zech. 8:19; Luke18:12**

### II. YOUR TREASURE AND YOUR HEART.

**Matt. 6:19-21**

- A. What does it mean that “where your treasure is, there your heart will be also”? **1 Tim. 6:18, 19**
- B. Banks like we have today were nonexistent. **James5:2, 3**
- C. Do not misunderstand what Jesus is saying.

### III. YOUR EYES AND YOUR HEART. **Matt. 6:22, 23**

- A. Jesus tells us to be full of light. **Prov. 22:9; Prov.28:22**
- B. The same is true of the heart.

### IV. YOUR MASTER AND YOUR HEART. **Matt. 6:24**

- A. Have you ever tried to serve two masters?
- B. Is especially true when one of those masters is God.

### V. PUTTING ALL SECTIONS INTO CONTEXT

- A. Your heart must be right when you engage in worshipful activities such as giving, praying, and fasting.

### CONC:

1. Doctors tell us to take care of our hearts.
2. The Great Physician cares about your heart.