

Morning Lesson

"DAVID STRENGTHENED HIMSELF IN THE LORD HIS GOD"

1 Samuel 30:1-6

INTRO:

1. What do we do in times of trouble?
2. David survived them all and is remembered as "a man after God's own heart."

I. WHAT DAVID DID IN TIMES OF TROUBLE.

A. 1 Samuel 30:1-6

B. Notice the last part of verse six.

II. HOW DAVID STRENGTHENED HIMSELF IN THE LORD HIS GOD.

A. When imprisoned in Gath, he wrote **Psalm 56:1, 2**

B. While pursued by Saul, he wrote **Psalm 59: 1-4**

C. Fleeing from Absalom, he wrote **Psalm 3:1, 2**

D. Hiding in the wilderness, he wrote **Psalm 63**

E. This is how David found strength in the Lord.

Psalm 56:3-4, 9-11; 59:16-17; 3:3-6, 8; 63:1-7, 8

III. DEALING WITH OUR PROBLEMS TODAY.

A. Even Christians face many problems.

B. God is disappointed if we seek to solve our problems without him. **Jer. 17:5-8; James 4:8;**

1 Pet. 5:6-7; Prov. 3:5-6

CONC:

1. In times of trouble, look to the Lord for your strength!
2. Trust in the Lord, and be steadfast in praising Him and praying to Him.
3. Let what David said of himself be true of us as well: **Psalm 63:8**