



# Who Can Be Happy?

James 1:2-8



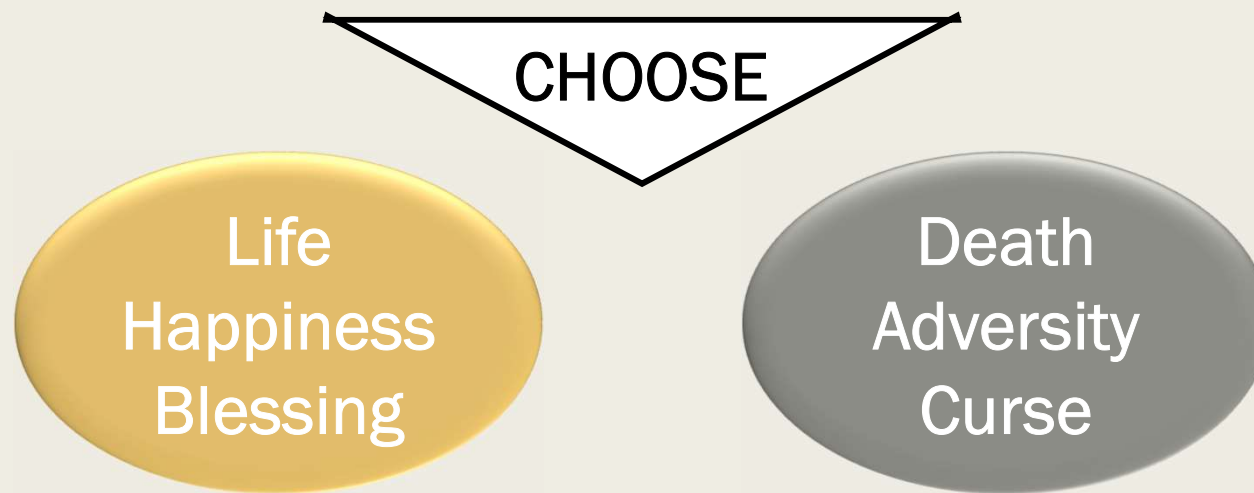
# Is James A Killjoy?

- 1:2 – “Joy = Temptations and Trials”
- 4:9 – Be Miserable, Mourn and Weep
- 4:9 – Mourning Rather than Laughter
- 4:9 – Gloom Rather than Joy
- 4:16 – Rejoicing or boast = evil



Paradoxes  
To Ponder

# Happiness Is A Choice!



Deuteronomy 30:15-19

**Power!**



Proper Use of...

Tongue	1:26; 3:1-10
Prayer	1:5-8; 4:2-3
Plans	4:13-17

We don't know what the future holds, but we know who holds the future!

**WISDOM...**

**...Comes More From Living  
Than From Studying**

Sorrow is the rust of the soul. Activity will cleanse and brighten it.

- *Samuel Johnson*

# Grief...

...is the tragedy of an instance, the indulgence of grief, the blunder of life?

# WISDOM SEES...

Source of Life

James 1:18;21

Cause of Death

Lust-Sin-Death  
James 1:13-15