

## Empty or Full?

### Read Chapters 4-8 of *Uninvited*

- 1) How did the last session affect your daily life or your relationship with God?
  
- 2) Read **Luke 22:47-53**  
How was it possible for Jesus to pay attention to the needs of one of His enemies and heal the man's ear in the midst of such a terrible betrayal?
  
- 3) Read **Luke 22:54-62**  
What might Peter have done differently if he had been living from a place of God's fullness in this scene? What might have been the result?
  
- 4) Read **John 21:15-17**  
Jesus asked Peter, "Do you love me more than these?" We all have our things that we choose over Jesus. What are "these" in your life?
  
- 5) Who are the lambs and sheep that Jesus asks you to feed? How can you feed them?
  
- 6) Think of a recent situation when you had a choice to walk into it full of Christ, living loved and looking for ways to bless others, or to walk in looking for others to bless you in your emptiness. Which choice did you make? What were the results? What would you do differently next time, if anything?
  
- 7) Read **Ephesians 3:14-19**  
Paul prays that you will be strengthened with power through the Holy Spirit in your inner being. What will that accomplish? Why is this important?
  
- 8) What do you think are some of the things that are possible for us to do only when we are strengthened with power through the Spirit? What can't we do without that strengthening?
  
- 9) Paul prays for power again in vs.18. What power does he ask for this time?
  
- 10) What will that power accomplish?
  
- 11) Why do you need to grasp the breadth and depth of Christ's love?

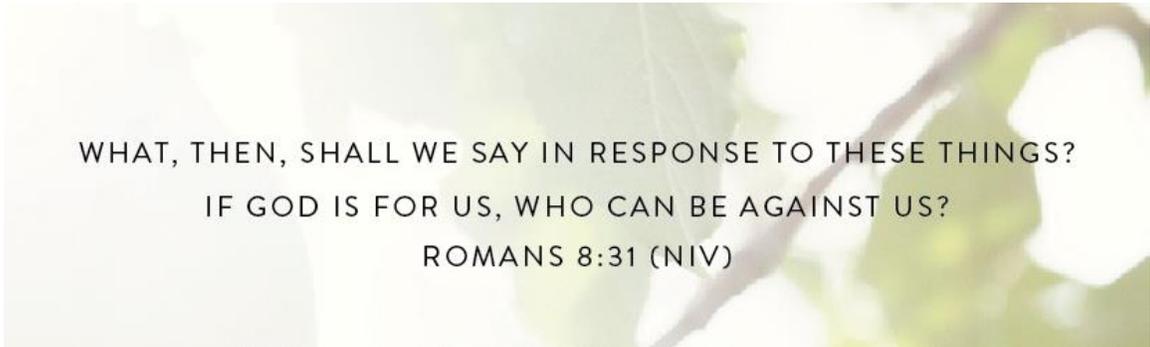
12) Why is it important to know that you are filled with the fullness of God even when you don't feel it?

### Activity

- 1) Read the excerpt from the book on pg.43. Take a few minutes to review your life and ask yourself if you have been chasing anything instead of God to make you feel full. Do you look to your work, your family, another relationship, a possession, or something else hoping it will ease your emptiness?
- 2) Do you have trouble sitting quietly with God because a sense of emptiness rushes in? What is it like for you to sit quietly? Practice the discipline of **Psalm 46:10** (Be still and know that I am God) for a couple of minutes and notice what happens inside you. Don't be hard on yourself if stillness doesn't come easily for you. Just gently observe what happens to you, and redirect your attention to the verse, "Be still, and know that I am God."

### Group questions

- 1) What was it like for you to sit quietly? Did you find yourself able to focus, or did your mind buzz with distractions? Is quietness a welcome break or an uncomfortable void?
- 2) Were you able to identify anything you to chase to ease your emptiness? If so, share it if you feel comfortable doing so. What do you want to do about it?
- 3) Paul says in **Philippians 4:12**, "I have learned the secret of being content in any and every situation." What will help you get to a place where you can say those words with conviction? What could get in the way? What can you do about those potential obstacles so that you can make progress?



WHAT, THEN, SHALL WE SAY IN RESPONSE TO THESE THINGS?  
IF GOD IS FOR US, WHO CAN BE AGAINST US?  
ROMANS 8:31 (NIV)