



3 Living with Remorse

1. What are some counterproductive responses to remorse? Consider what makes these unhelpful or harmful.

Read Luke 22.54-62; Acts 2.22-24, 32-38

1. Describe remorse Peter may have carried.
2. How does the gospel that Peter preached convict him of guilt?
3. How does the gospel deal with his guilt?

Read Acts 26.9-11; Col 2.8-23; Phil 3.12-16

1. Describe remorse Paul may have carried.
2. How did Paul view his condition in regard to his past sin?
3. So what was his attitude and focus as a Christian?