

The Word of the Year

PHILIPPIANS 4:8

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The Word of the Year:

Phil. 4:8

- **Oxford's Word of the Year for 2024:**
 - **“Brain-rot”**
 - **“The supposed deterioration of a person's mental or intellectual state, especially viewed as the result of overconsumption of material (now particularly online content) considered to be trivial or unchallenging.”**

Finally, brothers,
whatever is true,
whatever is honorable,
whatever is just,
whatever is pure,
whatever is lovely,
whatever is commendable,
if there is any excellence,
if there is anything
worthy of praise,

**THINK
ABOUT
THESE
THINGS.**

PHILIPPIANS 4:8

The Word of the Year:

Phil. 4:8

- Oxford's Word of the Year for 2024.
- **Spiritual Brain-rot:**
 - **Makes our thoughts futile.**
Rom. 1:21-22
 - **Makes us miss the point.**
Jn. 5:38-40
 - **Makes us susceptible to false teaching.**
2 Tim. 3:6-7

The Word of the Year:

Phil. 4:8

- Oxford's Word of the Year for 2024.
- Spiritual Brain-rot.
- **What To Do Instead:**
 - **Resolve to be intentional about what you consume. Ps. 101:3; Phil. 4:8**
 - **Set limits.**
1 Cor. 6:12
 - **Pursue the good.**
Eph. 5:15-17