



The Discipline of Devotion

Meditation

- Listening

Ps. 40:6-8; Rev. 2:7,11,17,29

- Muttering

Ps. 1:1,2; Ps. 119:148

Effects of Meditation

- Spiritual Revival

Ps. 19:7

- Spiritual Wisdom

Ps. 119:97,98

- *Faith*

Rm. 10:17

Frequency of Meditation

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the LORD, And in His law he meditates day and night.
(Psalms 1:1-2)

Confession

- Spontaneous

Ps. 139:23,24; Is. 6:5; Js. 1:23,24

- Systematic

1 Jn. 1:8-2:1; Hb. 9:7

Effects of Confession

If I regard iniquity in my heart, The Lord will not hear. But certainly God has heard me; He has attended to the voice of my prayer.

(Psalms 66:18-19)

Adoration

- Reverence

1 Tim. 2:1-3; *Rev. 4:6-11; Rev.5:8-13*

- Contemplation

Ps.19:1,2; Ps. 8:1-9; Ps. 139:1-6

- Worship

Ps. 95:1-7;Ps. 100:1-5; Ps. 104:33,34; Lk. 1:46

- Submission

Is. 6:8; Rm. 11:33-12:1,2



Three Features of Daily Devotion

- **Meditation**
- **Confession**
- **Adoration**