



Biblical Femininity

God's View of Womanhood



Creation Teaches:

- Both men and women are **made in God's image**
- God made man and woman **to work together** to fill and subdue the earth
- God made woman to be a **helper** for man
- God made woman to fulfill much of her purpose **in a submissive role**
- **Sin** is the source of women's struggles with femininity and its proper expression



She blesses her family as their helper and nurturer

- Her value is beyond wealth because she brings confidence and the tireless good she does (10–15, 27-29)
- She expresses femininity in strength, resourcefulness, and industry used selfishly for her family (16-19, 21, 24)

She expresses her womanhood in personal care

- She cares about how she dresses (22)
- She clothes herself in strength, dignity, and is known for her wisdom and kindness (25-26)

The blessings of her endeavors extend to the community, giving the family a good name (20, 23)

She deserves praise for fearing the Lord (30-31)

The Ideal Woman

Proverbs 31



The Ideal Woman

Considerations

- **Enduring feminine beauty** is **in the heart** that reverences and loves God and shows it to others
- Though addressing a married woman, many of these points **apply equally to a single woman** – Acts 9:36
- This description is of the **ideal** woman, and is designed to encourage, not overwhelm.

Proverbs 31



Biblical Expressions of Womanhood

Expressed in her disposition to nurture life

- Uniquely seen in childbearing – Gen. 3:20
- Her desire to nurture her children is so strong that it illustrates God's own desire to nurture us – Isa. 49:15; 66:13
- Seen in nurturing others – Titus 2:3-6; 1 Tim. 5:10, 8

Expressed in vulnerability

- God made women to be incredibly sensitive, exposing them to hurt – 1 Pet. 3:7
- Her vulnerability is one of her greatest strengths – 2 Cor. 12:9

Expressed in beauty

- Not found in the physical appearance – Prov. 31:30
- Again, this is the timeless beauty of the heart – 1 Pet. 3:3-5
- It does not exclude or reject physical beauty – 1 Pet. 3:3; Prov. 31:22

