

Godliness

MODEST CLOTHING



# CLOTHING SPEAKS



CLOTHING SAYS...

“I am a woman”

CLOTHING SAYS...

“I am a man”



CLOTHING SAYS...

“I want to be noticed!”





CLOTHING  
SAYS...

“I have a job”



**CLOTHING  
SAYS...**

“I care about  
modesty”



# **CLOTHING SAYS...**

“I want to show off my body”

“I am promiscuous”



# THE WORLD ADMITS CLOTHING TALKS

- Clothing designers and advertisers key on clothing's message.
- **That Day I Wore Yoga Pants – 5 Myths About Modesty:** “Modesty affects us, ladies. It affects us greatly. It affects how we are perceived, how we are respected, how we advance in our careers, and even whether we get asked on a date by a God-fearing, decent man. Our choices in how we dress—how short our skirt is, how low our shirt is, how tight our pants are—is the clearest reflection of our personal priorities and our openness to letting God’s Word alter our lives. I realize that is a bold statement, but it is very, very true. When I am not walking in God’s Spirit and seeking to do what I read in His Word, I will wear whatever I want at the expense of the men around me and my own self-respect. In those moments, I would rather be trendy, Pinterest-y, and provocative than prove to the world that I worship God.” (Phylicia Masonheimer – [phyliciadelta.com](http://phyliciadelta.com))

**GOD  
CARES  
ABOUT  
OUR  
MESSAGE**

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**I TIM. 2:8-10**

- **Men** are to offer up holy, prayerful lives, showing self-control and love – 2:8
- **Women** are to show proper devotion to God in how they present themselves in the world – 2:9-10
  - Her clothing must be **respectable** – orderly, decent, honorable, appropriate, admirable
  - Her clothing must be **modest** – rooted in shame, bashfulness towards men, have a sense of honor, reverence
  - Her clothing must show **self-control** – soundness of mind/judgment, soberness, decency, chastity
  - Her clothing must be “**proper for women professing godliness, with good works**”

NAKEDNESS  
VS.  
HOLINESS



# NAKEDNESS

- Public nakedness is shameful – Rev. 3:18
  - Our natural response is to cover our nakedness, as did Adam and Eve – Gen. 3:6-10
  - We must be trained to accept public nakedness as normal
- What is nakedness?
  - Nudity is nakedness – Mk. 14:51-52
  - Revealing one's sexual anatomy is nakedness.
  - Being under-clothed is nakedness – Jn. 21:7
  - Naked (*gymnos*) – clad in the undergarment only, naked (**Vine; Thayer**); (2) without an outer garment, without which a decent person did not appear in public (**BDAG**).

# HOLINESS

- A Christian must be holy – 1 Peter 1:14-16; Heb. 12:14
- God expressed holiness by covering things up.
  - The Most Holy place was covered – Ex. 26:31-33
  - All the holy objects of the Tabernacle were to be covered when transported – Num. 4:5-15
  - The priests were to be covered so their “nakedness will not be exposed” – Ex. 28:40-43; Num. 20:26
- Since we are God’s priests and our bodies His temple, we need to cover up – 1 Pet. 2:9; 1 Cor. 6:19



**THREE  
MODESTY  
MYTHS**

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**1 TIM. 2:9-  
10**

- Myth 1 – Modesty is fully determined by culture – 1 Cor. 10:31-33; Acts 4:19; 5:29
- Myth 2 – Lust is the other person's problem – Matt. 5:27-28; 1 Tim. 2:9-10



# CLOTHING AND RESPONSIBILITY

“It’s true, **lust is a sin, and men shouldn’t entertain it.** But **the level of their lust is directly related to how much of our bodies is available to lust after.** The less we advertise, the less opportunity we give them to covet our bodies.

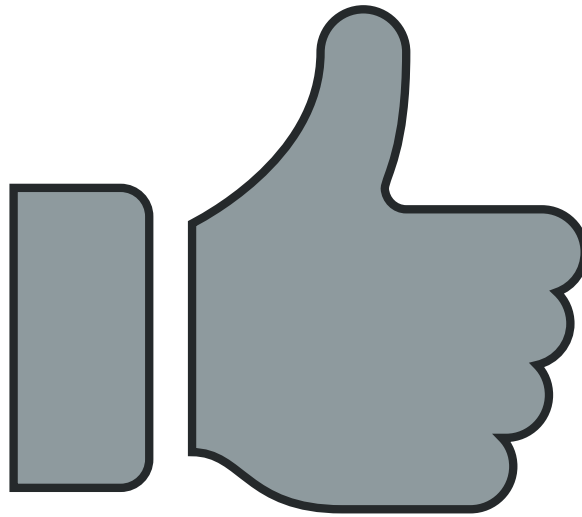
The article I mentioned earlier said women have been unfairly singled out concerning modesty. While **men are responsible to honor us with their eyes and minds,** when **we dishonor ourselves by what we wear, the real unfairness is to the men.** Do we really expect to wear whatever we want and then tell them not to look at us? Do we really expect to fit in with the latest (often sexually promiscuous) trends and NOT be viewed as an object of sexual desire? **It is not just his job not to look: it is our responsibility to provide nothing provocative to look at.** We cannot blame men for what we instigate, and **it is time for women of God to start acknowledging our responsibility in this matter, taking up our cross, and honoring God with our dress.”**  
**(That Day I Wore Yoga Pants – 5 Myths About Modesty)**



**THREE  
MODESTY  
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- Myth 2 – Lust is the other person's problem – Matt. 5:27-28; 1 Tim. 2:9-10
- Myth 3 – Biblical modesty only condemns over-dressing – 1 Tim. 2:9-10; 2 Thess. 3:6, 11; 1 Thess. 4:3-8



THE POWER OF BIBLICAL MODESTY

# MODESTY EMPOWERS

- Modesty empowers us to make a positive impact.
- Modesty empowers us to control our bodies' allurements.
  - The world says people (especially women) are empowered by showing off their bodies and using their sex appeal. But that is Satan's lie!
  - Choosing biblical modesty empowers you to control how others see you – Gen. 2:18

## MEN CARE WHAT YOU WEAR

**That Day I Wore Yoga Pants – 5 Myths About Modesty:** “Oh, they do. They care. Why else would we care so much? Why do we place such value on being told we are pretty or beautiful by a man? Why do we spend half an hour getting ready before a date? Because men *DO* care what we wear, and we know it! Men care so much what we do (or do not) wear, they are very conscious of it at all times. While the level may differ man to man, the concept remains the same: extra skin, extra form, extra cleavage or extra leg will draw either subconscious or conscious attention from them. They are designed as visual creatures (we have had this taught to us many times over, have we not?) so a visual stimulant catches their eye...Because of this, **we have a great power.** We have the power to draw their eyes toward us for one of two reasons:

1. For the appeal of their desire based on revealing enough of our bodies to entice them; or
2. To appear attractive in personality as reflected in how we dress.”

# MODESTY EMPOWERS

- Modesty empowers women to make a positive impact.
- Modesty empowers women to control their body's allurements.
  - The world says people (especially women) are empowered by showing off their bodies and using their sex appeal, but that is Satan's lie!
  - Choosing biblical modesty empowers you to control how others see you – Gen. 2:18
- Modesty helps empower us to use our bodies for godly purposes – 1 Cor. 6:19-20; Prov. 5:18-19ff.