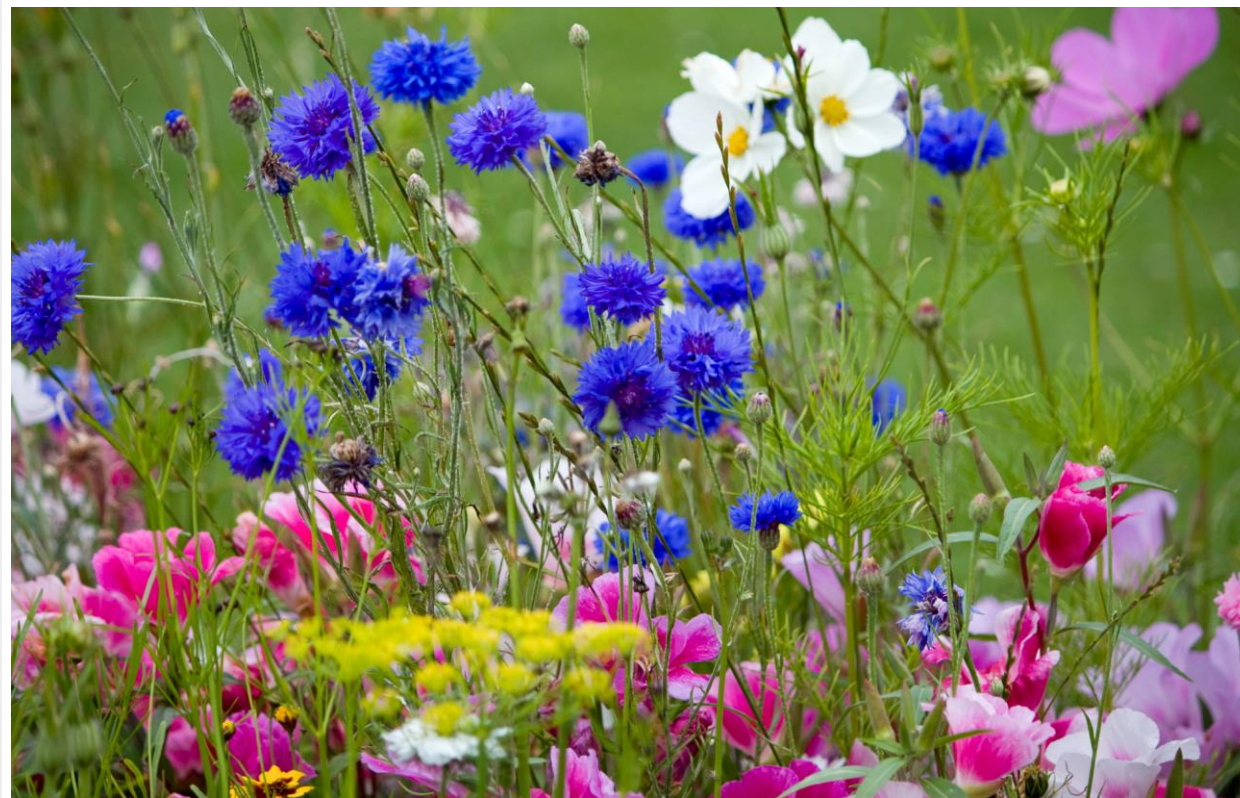


A Trustworthy God – Part 2:

We Can Count On God's Care

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(Learning To Let Go Of Fear)



“Why are
you afraid?”

- Jesus asked this of His disciples – Mk. 4:35-41
 - The storm and Jesus’ slumber caused them to question His care – 4:38-39
 - Jesus also rebuked them saying, “Why are you afraid? Do you still have no faith?” – 4:40-41
- This is why we must examine our fears
 - From an earthly standpoint, we can justify our fears
 - Yet, Jesus says, “No!” and challenges his disciples’ fears and faith – 4:40

Fear and God

Fear Assumes Things About God

- Fear assumes God does not care - Judges 6:13
- Fear assumes God cannot, or will not, help me
- Fear assumes God is not at work during the storms like He is during the calm

We Must Believe God to Let Go of Fear

- We must believe **God is with us** during the storms – Mt. 28:18-20; Heb. 13:5-6; Rom. 8:31-37
- We must believe **God cares for us** during the storms – Mk. 4:38; Jn. 11:35; Lk. 7:13; 19:41-44
- We must believe **God can bring good out of the storms** – Mk. 4:41; Gen. 50:18-20; Phil. 1:12-14; Jas. 1:2-4

Trust God's Care and Let Go of Fear

- Look inside and ask, “Why am I afraid?” – 2 Cor. 12:8-10
- Pray for God's help – Phil. 4:6-7
- Think about the storms – Mt. 10:28
- Choose faith – Mt. 6:31-33; Rev. 2:10