



# Focusing on Worship in a Distracted World

Speaker: John Weaver

Saturday ■ September 28, 2013 ■ 10:00 AM

1. Daniel's Groove (Daniel 6:10-16; Psa 55:17)
2. A Digital World of Distraction
3. The Psalms are a Model of Life focused on Worship
4. Practices of worship amid digital distractions
  - a. Slowing and Rest
    - i. <http://macfreedom.com>
    - ii. <http://antisocial.cc/>
    - iii. <http://www.dejal.com/timeout/>
  - b. Contemplation on Scripture
    - i. [https://twitter.com/Psalms\\_Proverbs/](https://twitter.com/Psalms_Proverbs/)
    - ii. <http://www.examen.me>
  - c. Reminder and logger of prayers
    - i. [www.prayernotebook.com](http://www.prayernotebook.com)
  - d. Journaling (Ps 16:7)
    - i. [www.wordpress.com](http://www.wordpress.com)
    - ii. [www.facebook.com](http://www.facebook.com)
  - e. Simplicity
5. Devoted worship secures us,  
and makes us vulnerable.

