

A silhouette of a person running is centered on a path that recedes into the distance. The path is composed of several parallel lines that create a sense of depth and movement. The background is a gradient of light blue, with a bright white glow at the horizon where the path leads. The text is written in a bold, sans-serif font, following the curve of the path.

**PRESSING
TOWARD
THE PRIZE**



What Does It Mean To “Press?”

- Determination – a decisive commitment
- Diligence – hard work
- Perseverance – never giving up
- **Galatians 6:9**
- It is the message of the letter to the Hebrews
- Some simply do not choose to have what it takes to “press” - **Matthew 13:18-23**



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God Is Our Strength

- God can work in us what is well pleasing in His sight - **Hebrews 13:21; Jude 24-25**
- God is a faithful God - **1 Peter 4:19**
- Whatever God expects us to do, He will help us do - **Philippians 4:13**
- Be thankful for the “daily grind” - **Romans 2:7**

A silhouette of a person running on a path that leads towards the top left. The path is illuminated by a bright light source, creating a strong shadow. The text "PRESSING TOWARD THE PRIZE" is written in a bold, sans-serif font along the path, following its curve.

**PRESSING
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Training Is Crucial

Matthew 26:41

Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.



Training Is Crucial

1 Corinthians 9:24-27

²⁴Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. ²⁵And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. ²⁶Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. ²⁷But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.



Never Give Up!

1 Peter 1:13

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ

A silhouette of a person running on a path that leads towards a bright light at the top. The path is marked with the words "PRESSING TOWARD THE PRIZE" in a bold, sans-serif font.

**PRESSING
TOWARD
THE PRIZE**

**Are You
Pressing?**