

THE DISCIPLINE TO RUN

1 Corinthians 9:24-27



THE NEED FOR DISCIPLINE

- Greatness at anything requires considerable discipline.
- Our heroes of faith had to work hard to become who they were (1 Cor. 9:27; 1 Tim. 4:7).
- We are called to great effort (2 Pet. 1:5, 10).



HONESTY WITH OURSELVES

- Growth requires some deep reality checks (Heb. 12:4).
- No pain no gain is not just a cliché (1 Cor. 9:27; cf. Lk. 18:5; 2 Cor. 12:15).
- We all have limits but are we pushing to expand those limits (Matt. 25:14-30).
- God will judge you on the truth of who you are (Lk. 12:48).



EYES ON THE PRIZE

- Paul says to exercise and run with a goal in mind (1 Cor. 9:24-26).
- Even Jesus looked to a reward for motivation (Heb. 12:2).
- We must spend time contemplating both the scene of victory and the scene of defeat (2 Tim. 4:8; Lk. 16:22-25).

