

A person wearing a blue button-down shirt is holding an open book with both hands. The book is open to a page with text, and the person's hands are visible at the bottom of the frame. The background is dark and out of focus.

TIMOTHY'S WORK

1 Timothy 4:16

A person in a light-colored shirt is shown from the chest up, holding an open book and reading. The background is dark and out of focus.

STILL MORE BALANCE

- There are similarities between the words here and chapter one (1 Tim. 4:7).
- The dangerous appeal of asceticism (1 Tim. 4:3).
- But in the end, you have to numb yourself to parts of God's word to hold to such a doctrine (1 Tim. 4:2).
- The answer is to move away from reactionary thoughts and direct our attention towards God (1 Tim. 4:3-5).

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A GOOD SERVANT

- Pointing out error is a mark of a “good” servant of Christ (1 Tim. 4:6).
- The capacity to do this is based on a personal devotion to study (1 Tim. 4:6, 14-16).
- That personal study must be accompanied by personal purity (1 Tim. 4:7, 12).
- So public ministry is an outgrowth of personal ministry (1 Tim. 4:13-16).

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A FIXED HOPE

- The false doctrines described here are a contrast to the proper focus of the believer (1 Tim. 3:16-4:1).
- That same focal point is repeated twice more in this passage (1 Tim. 4:8, 10).
- False doctrines are a distraction from what we ought to be about (1 Tim. 4:7-8).