



Encourage One Another Daily

Hebrews 3:13



Defining Terms

“But encourage one another day after day” (Heb 3:13)

(παρακαλέω parakaleō) - from para (beside, near) and kaleō (to call)

- Wide range of meaning based on what you are calling someone near for
 - to admonish, exhort
 - to beg, urge, beseech
 - to console, to comfort
 - to encourage, strengthen
 - to instruct, teach
- Though the exact means may vary, the goal is the same: to keep people from being hardened by sin and falling away from God.

The Need For Encouragement

Sin brings discouragement to us:

- From without. (1 Kgs 19:4, 14; Psalm 73)
- From within. (Psalm 32:3-4; Psalm 38)

Discouragement makes us lose sight of the truth.

- Numbers 13:30-14:10
- 1 Samuel 17:11, 32-37

The Need For Encouragement

God recognizes our need for encouragement.

- God is an encourager (2 Cor 7:6; Is 57:15; Matt 5:4, 10-12)
 - The Holy Spirit is called our “Paraklētos” by Christ (Jn 14:16, 26)
- God has been providing encouragement from the very beginning (Gen 4:5–7; Gen 15)
- God and His promises are the only source of any meaningful encouragement.

How We Encourage One Another

Start by going to God in prayer

- 2 Cor. 13:7-9 “Now we pray to God that you do no wrong; not that we ourselves may appear approved, but that you may do what is right....this we also pray for, that you be made complete”
- Phil. 1:9-11 “And this I pray, that your love may abound still more and more in real knowledge and all discernment, so that you may approve the things that are excellent, in order to be sincere and blameless until the day of Christ;”

How We Encourage One Another

- Col. 1:9-10 “For this reason also, since the day we heard of it, we have not ceased to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding, so that you will walk in a manner worthy of the Lord, to please Him in all respects, bearing fruit in every good work and increasing in the knowledge of God;”
- 2 Thes. 1:11 “To this end also we pray for you always, that our God will count you worthy of your calling, and fulfill every desire for goodness and the work of faith with power”

How We Encourage One Another

Bring people alongside your Christian walk

- 1 Cor 4:16; 11:1 - Be imitators of me, just as I also am of Christ
- Barnabas took hold of Paul (Acts 9:26-31)
- Barnabas took John Mark with him, even after John Mark had discouraged them in the past. (Acts 15:36-40)

How We Encourage One Another

Be encourageable!

- Responding to encouragement is a great way to encourage our brothers. (2 Cor 7: 6-9; Rom 1:11-12)

Share in one another's afflictions (2 Cor 1:3-7; Rom 12:15-16; Gal 6:2)

Some Practicalities

- We have to make ourselves available to “call someone near” (Heb 10: 25)
- We are not forcing change, but calling people to change (Ezekiel 18: 20)
- We must make judgment calls and pray for God’s wisdom
- We must make speaking of spiritual matters a common part of our relationships