

Just as with a runner, a Christian realizes that steadiness rather than quickness is the key to success. This means that distractions are ignored as the eyes are set firmly on the finish line. Sometimes this becomes difficult as the cares of life begin to burden the follower of God and perhaps even jeopardize a successful ending of the race. The Hebrew writer again gave wisdom when this is the case. He wrote: *"Therefore lift your drooping hands and strengthen your weak knees, and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed"* ([Hebrews 12:12-13](#)). The runner must keep going and so must the Christian!

Those who cheat often become the anathema of the athletic world. Shortcuts are not the mark of a true champion and certainly not the mark of a true Christian. The Apostle Paul wrote to Timothy concerning this idea. He stated: *"An athlete is not crowned unless he competes according to the rules"* ([II Timothy 2:5](#)) and in this implied the same to be true for a Christian. There are no spiritual shortcuts. Every command given by the Lord is for the ultimate betterment of His children and He expects that His wisdom be followed. Those who seek to divert from this path will never find the finish line promised by the Lord.

Ultimately, whether the athlete is a little league player or an Olympian, the goal of the competition is to win the prize. The Sochi Olympics will see medals of gold, silver, and bronze distributed to worthy contenders throughout the world. Far beyond such honors as this, the Lord promises an eternal prize to those who will run the race with discipline, endurance, and honesty. Throughout the New Testament, the Lord promises the victor's crown to those who achieve. Though weary from the race, the tired Christian will bask in the joy of victory and be able to say, as the Apostle Paul said, *"Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved his appearing"* ([II Timothy 4:8](#)). Keep running! Greg Chandler



That's More Than I Am Supposed to Do

Practically all progress in the world has been made by those who did more than their share, "more than they were supposed to do."

Our independence was won by George Washington and his men who "did more than they were supposed to do" as they suffered privation at Valley Forge while others were living in luxury not far away. Many a lad has been set up in business or given a college education by parents who "did more than they were supposed to do" while neighbor boys are left without a start in life by satisfied parents. Many a sick child has been brought back to health by a sacrificing mother who did more than her share.

The church of the Lord has been established in many places in America by sacrificing Christians who did far more than their share - they could have worshipped down the street - but they did more than they were supposed to do (according to the opinion of men) and established the Lord's church.

Most of the work around the church building is done by Christians who "do more than they are supposed to do" while many are perfectly willing that they should do it. (This reminds me of something I heard one time. A preacher was asked if there was anyone at the church where he preached that were willing to work. He said, "Everyone in this church is willing, five percent are willing to work, and the other 95 percent are willing to let them do it." - t.t.). If it were not for those who do more than they are supposed to do by giving themselves, this congregation wouldn't grow, but would stagnate and die.

After all, "doing more that we are supposed to do" as men judge is the very crux of Christianity. It means 'going more than half way,' 'turning the other cheek,' 'loving one's enemies,' 'praying for those who persecute us,' 'giving money to the needy,' 'working for the Lord while others are engaged in pleasure.' Yes, it means all this and more. But this will bring eternal life for the faithful, all of whom "did more than they were supposed to do." Harry E Rice



Keep In PRAYER

[When you have updated data, please call John Burch-202-6518]

Prayer List (Updated: 08/13/16).

Carrie Puckett Legs swelling seeing a specialist for upcoming possible procedures

Betty League, the mother of Charlie Boren, recently diagnosed with Liver cancer.

Jess Hart continuing to recover from open heart surgery.

Stephen Guy - has stage 3B chronic kidney disease plus other problems. Please pray that Stephen will soon be provided relief from his pain.

Connie Howe.... Health issues waiting on test results.

Helen Darnell...Health issues

Kaye McDonald...Back Pain

Sherry Guy... Health issues and procedures



Coordinators: Bob Trefethen / John Demas
Ushers: Keith Hollis / Danney Watson
Sound System: Chris Lloyd

Sunday Morning Worship

Announcements: John Burch
Scripture: Harold Watson
Lead Singing: David Sims
1st Prayer: Rodger Cobia

Communion

Mike Howard Daniel Jones
 Kenny Roberts Mel Ott
 John Demas Bill Knighten

Sermon

Marshal McDaniel

Closing Prayer: Bud Porter

Sunday Evening Worship

Announcements: John Burch
Ushers: Gary Hart / Jerry Hensley
Scripture: George Smith
Lead Singing: Craig Sims
1st Prayer: Charles Painter
Sermon: Marshal McDaniel
Lord's Supper: James Powell
Closing Prayer: John Burch
Sound System: Alan White

LORD'S Supper Preparation

08/14 Morgan Thayer 08/21 Katherine Trefethen 08/28 Brenda Turner

Wednesday Bible Study

Ushers: Harold Mustin / James Powell
Announcements: John Burch
Lead Singing: Curt Williamson
Opening Prayer: Doug Williamson
Invitation: David Sims
Closing Prayer: John Demas
Sound System: Jerry Hensley
Count Contribution: Keith Hollis, Curt Williamson, Kerry Lashlee

To our visitors:

- The people who assemble at Perry Hill Road are simply a group of Christians who belong to Christ and are devoted to serving God.
- Our aim is to glorify God by following the Bible, His inspired word, which is our only guide in worship and service.
- Our commitment is to preach Christ, who is man's only hope for eternal life, and live in such a way so that others may see Christ in us.
- We encourage an open study and discussion of the Scriptures in all our Bible classes and extend to all a sincere welcome.
- Personal studies are available upon request.

Schedule of Services

Sunday

Bible Classes 9 AM
 Worship 10 AM
 Evening 5 PM

Wednesday

Bible Classes 7 PM

**Records You Helped Make
 For the Week of
 Aug 7, 2016
 Attendance**

Sunday Bible Class.....	92
Sunday Moring Worship	134
Sunday Evening Worship.....	101
Wednesday Bible Study	90
Contribution.....	\$5,555

Care Group 2

*Serves this month ...
 meeting tonight in the
 Library / Resource room*



**Congratulations to
 Jessica and Shane Lucas.
 Alistair Shane Lucas
 born 08/03. He weighs 7
 pounds 11 ounces and
 measures 21 inches!!**



**Please Welcome to Our Perry Hill Road
 Family Margaret Pouncey and Brenda
 Domingues. Their contact information
 can be found on the website**

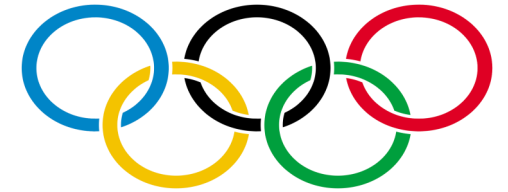
**News And
 Information
 For Perry
 Hill Road
 Members
 And Friends**

**Perry Hill Road
 Church Of Christ**

August 14, 2016

www.perryhillroadchurch.org

**The Christian
 Olympian**



The New Testament often compares the life of a Christian to that of an athlete. Spiritually speaking, every Christian must undergo rigorous training in order to achieve the success that he or she desires. Concerning the discipline needed to live a Christian life, the Apostle Paul wrote to the Corinthians and stated "Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified" ([1 Corinthians 9:24-27](#)). An athlete must give up many things for the greater good. This may involve delicious, yet unhealthy food, time in social activities, or pursuit of other interests. What is given up, however, will be considered as nothing when success in the competition is achieved. Such is true of Christians. Living faithfully will entail sacrifice, which means giving up things of this world in order to grow spiritually. Just as with the athlete, this will take discipline and self-control, yet a Christian must always remember that what is being forfeited in this life is for the purpose of becoming more like God.

Every cross-country runner understands that part of racing is building up the endurance necessary to finish. Such again is the case with every Christian. To this end, the Hebrew writer stated "Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us" ([Hebrews 12:1](#)). Continued on the next page.....