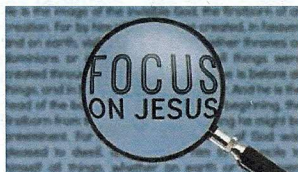




## Staying Focused on Jesus



*"...looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down on the right hand of the throne of God" (Heb. 12:2)*

Attention Deficit Disorder, mostly referred to as A.D.D., appears to be a commonly diagnosed problem in children these days, falling under the generic category of a learning disorder. It is no doubt a real problem for some. By extension, we have no doubt it is a real spiritual problem for some who are Christians. Staying on task (focusing) can be difficult for any one of us at times. Lack of rest, "too many irons in the fire," lack of self-confidence, etc. – any or all of these contribute to the disorder. However, in many cases it is the result of a lack of discipline.

The Hebrew writer warns his readers because of their neglect they need to once again be taught (educated/disciplined in) the basics (Hebrews 5:12-14). They were becoming too focused on the things of the "here and now" (physical) rather than on the things of the "not yet" (eternal). He appeals to Jesus as not only the prime example of what it means to stay focused but also as the prime object of our focus.

### **Looking to Jesus (who He is) – The Author of our Faith**

He is the captain of our faith and without Him we could have no faith, much less any joy, in enduring the humiliating and shameful things of this world. The truth is everyone faces these things whether they are humble enough to admit it or not. To "see Jesus" is a key component in the Hebrew letter in staying focused in our faith (cf. Heb. 2:9). That is, to consider and give attention to who He is reminds us of our utter dependence on Him for all things pertaining to our faith - He is the source. *Continued on page 2*

