



Early Morning Attitude Choices

It may be that the single most significant decision I can make on a day to day basis is, my choice of attitude. In those first few moments after you wake up in the morning, take an inventory of your frame of mind; your attitude. What is it?



“Well, I don’t feel good but I have to get up, get dressed and go to work. No telling what kind of problems I’ll face in traffic, then with all those stupid people at the office. Because of the incompetence of others, I’m up against three impossible deadlines. What in the world is there to be happy about?” *If you make the choice to think in terms like this during the first few moments in the morning, it will hinder your ability to act as a Christian the rest of the day.*

Consider this: “God has given me another day, how can I thank Him? How can I please Him more today? Let’s see, what can I do to help people who need Christ, or cheer up somebody? How can I use the problems and challenges of this day to grow, to learn, to glorify God?”

Immediately you see the difference. “Keep your heart with all diligence, for out of it spring the issues of life” (Prov. 4:23)

John Homer Miller said, “Your living is determined not so much by what life brings to you as by the attitude you bring to life.” *Warren E. Berkley*

