



**Patricia Murray**

*Birthday 01/02/2021*

**Betty Williamson**

*Birthday 01/02/2021*

**Megan Lee**

*Birthday 01/10/2021*

**Gary Hart**

*Birthday 01/13/2021*

**James Powell**

*Birthday 01/18/2021*

**Natalie Sims**

*Birthday 01/26.2021*

**Bud Porter**

*Birthday 01/29/2021*

## Contributions

For those able to attend worship services at the building please leave your contribution in the box at the rear of the auditorium.

For those who give by check and are meeting by Zoom, you can simply mail your check to Kerry Lashlee 9748 Bent Brook Dr Montgomery, AL 36117

### Contribution last week

**\$6,455**



PERRY HILL ROAD CHURCH OF CHRIST



# Bulletin

News & Information  
for Members &  
Friends

[WWW.PERRYHILLCHURCH.ORG](http://WWW.PERRYHILLCHURCH.ORG)

JANUARY 03, 2021

A stunt pilot was selling rides in his single engine airplane. There was only room for the pilot and two passengers. A preacher wanted to try it, but also take his wife along at no extra charge.

At first the pilot wouldn't agree. But not wanting to miss out on a chance to make some cash, the pilot said, "I'll take you both up for the price of one if you promise not to utter a sound during the entire flight. If you make any noise, the price is doubled." The preacher agreed.

The pilot quickly proceeded to put the plane through all sorts of stunts and maneuvers designed to make the bravest person tremble. But the passengers didn't make a sound.

Exhausted, the pilot finally landed. As the preacher climbed out, the pilot said, "I made moves up there that frightened even me and yet you never said a word. You must have incredible self-control."

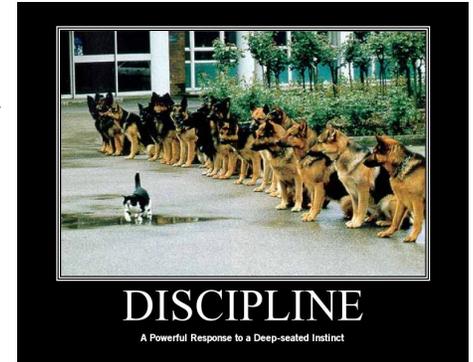
The preacher thanked the pilot and then said, "I must admit that there was one time when you almost had me."

"When was that?" asked the pilot.

"When my wife fell out of the plane!"

Our word of the week is "discipline."

Discipline is the ability to control one's self. It has to do with correction. Restraint. And will power. Discipline involves training. Exertion. And rigorous exercise. *Continued inside.....*





**Katherine Trefethen fall**

01/01/2021 evening update: Katherine is out of surgery and being moved to a regular room at Baptist South. She is in a lot of pain but her doctor expects her to be up and walking tomorrow. Please keep her in your prayers. 01/01/2021 - It was determined that Katherine had a fractured hip and was rushed into surgery this afternoon to do a partial hip replacement. Please keep her in your prayers.

**Hart's Update**

12/31/2020 - Jess is now at Encompass (old Health South) Rehab and has failing kidneys and is not eating. Pat is back in the ER with cellulitis and swelling in both legs. Please pray for both of them.

**Matthew Bruce** deployed until April 2021.

**Bud & Kim Porter** – Positive for Covid 19

**Gary & Dot McDaniel** - positive for COVID-19

**Charles McPeak's** father in North FL has COVID-19

**Will and Ali King** – Positive for Covid 19

**Kerry and Linda Lashlee** - Positive Covid 19 .

**All Hart family** - Pat now at home with cellulitis both legs.

Jess tested positive + pneumonia, IV meds and to rehab soon.

Gary & Janis tested positive; Recovering at home.

**Joe Estes**, former elder - Dehydrated, COVID-19 - at St Vincent East, Bhm

**Howe's daughter, Wendy** - unfaithful and serious auto accident

**Bess Powell's niece's baby** - infection

**John DeMas' mother, Janet** -

**Grace Meyers** - in KY - friends of Bill's daughter - leukemia

**David Turner** - Still fighting an infection

**Johnny Cunningham** - retaining fluid. Came home 12/26 with meds.

**Janie Brewer** - arthritis in her knees. Physical therapy & shots helping. - cough remains after COVID, but recovering.

**Marsha Williamson - Parkinson's** - Had CT scan - hopeful implant surgery soon

**Beth Beasley** (Marsha's sister ) - fractured shoulder, COPD, Hospice

**Patricia Lange** (Carrie Puckett's mother) - Finished last chemo.

**Susan Kochik** - (Ron's niece) - therapy working

**Neal Smith** - Recovering from scalp surgery.

**Ben Jones** - COVID-19 - friend of Gary & Dot McDaniel

**Donna Knowles** - Lost husband, cousin of Kaye McDonald

*Continued*

Paul compared the Christian to an Olympic athlete who commits to rigorous training ***“But I discipline my body and bring it into subjection, lest, when I preached to others, I myself should become disqualified”*** (1Cor. 9:27 ).

Learning self-discipline is important to the success of the athlete. The student. The business person. The Christian. Thomas Huxley was right when he wrote, “The most valuable result of all education is the ability to make yourself do the thing you have to do, when it ought to be done, whether you like it or not. It is the first lesson that ought to be learned and however early a person’s training begins, it is probably the last lesson a person learns thoroughly.”



Self discipline gets us out of bed in the morning. Prods punctuality. Practices self-denial. Welcomes responsibility. Accepts criticism. Breaks bad habits. And shapes character

Consider these three areas where discipline is needed.

**The Mind**

It takes discipline to control your thoughts. It doesn’t happen accidentally. It takes work. It requires our constant attention to what we are reading and watching. It demands periodic renewal, revival and refreshment. Paul exhorted, “Be renewed in the attitude of your mind” (Eph 4:23). With so many impure, dishonorable, and ungodly things that vie for our attention, continual self-discipline is needed in order to focus on the things that will build us up in the faith. The philosopher Plato wrote, “The first and best victory is to conquer self.” That begins in the mind.

**Habits**

People who smoke have told me they want to quit, but can’t. Why? Lack of self-discipline. All habits, good or bad, can be traced back to discipline or the lack of it. Rob Gilbert said, “First we form our habits, then our habits form us.” Whether the habits are good or bad depends on our self-discipline. It requires great effort to break old habits or acquire new ones. Bible study is a habit. Prayer is a habit. Church attendance is a habit. But each one demands a discipline of time, effort and priority to make those habits permanent.

**Emotions**

Too often we say or do something that we regret, but justify it by saying, “I couldn’t help it.” While it may be difficult to refrain from improper words or actions, it is possible. A bad temper is evidence of a lack of discipline. Idle words that hurt or impugn others indicate a failure to practice self-control. We can control our emotions if we choose to exercise strict self-discipline.

Indeed Sir Edmund Hillary, the first man to climb Mt. Everest was right, *“It is not the mountains we conquer, but ourselves.”*

–Ken Weliever, The Preacherman