

# Announcements

Sunday, May 1, 2022

Please email all new announcements to [announcements@psd.church](mailto:announcements@psd.church).

## MEMBERS HEALTH ISSUES:

- **Colin Boyd** has completely recovered from COVID, and the whole Stan Boyd family is doing fine now. They will be staying home and watching online today, out of an abundance of caution. We rejoice in his recovery.
- **Deanne Quist** has been struggling with Uveitis but is much better. She is still waiting on new medication.
- **Carol VanCleef:** Her knee surgery is May 9<sup>th</sup>. She has a pre-op visit May 6. They are concerned about her low blood sugar now. Please pray for her.

## FRIENDS AND FAMILY OF PSD:

- **Mindy Zabel, sister of Mary Ann Rubright,** is having hernia surgery, Friday, May 6. Her family is relieved since she has been waiting several months for the surgery. She lives in the Pine Hills area and Mary Ann is requesting prayers for her surgery this week.

## TRAVELING:

- **Mike Allen** will be in Fort Worth, Tx for work all this week.
- **Will & Sarah Roberts & family** are in Jacksonville visiting with Sarah's grandmother for this weekend.

## SPECIAL ANNOUNCEMENTS:

- **New Adult Class Syllabus:** There's a new Syllabus for the Adult Class available in the Lobby. This study begins today, Sunday May 1<sup>st</sup>, and it will go thru May & June on the subject: The Fruit of The Spirit. There are standard questions on the back that will need to be answered before each class.
- **House2House continues this week:** Sign-up sheets are available. Sessions: **Sunday at Matt/Amy Hinely's house** at 2:00, Dwayne Leading. **Monday night at the Salimbene's house** at 7:00, Dave Weaver leading, **Tuesday night at the Petty's house** at 7:00, Jeff Hunt leading.

## SHUT-IN:

- **Anne Dickson, Geny Harrison, Peggy Hunt, Lynna Davis, and Pat Steele** all wish they could be worshipping with us.

## DATES TO NOTE:

DATE	EVENT
TODAY & THIS WEEK	SECOND WEEK FOR SPRING HOUSE2HOUSE SESSION
SUNDAY, MAY 15, 4:00 PM	NEXT MEETING FOR THE NEW & OLD DEACONS, PREACHERS, SHEPHERDS
JULY 3 <sup>RD</sup>	NEW QUARTER STARTS WITH NEW TEACHERS
JULY 17 – AUGUST 27	FALL SESSION FOR HOUSE 2 HOUSE
SEPTEMBER 23 – 25, 2022	FALL WORKSHOP WITH DAVID BANNING





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“... pursue righteousness, faith, love and peace, along with those who call on the Lord our of a pure heart” 2 Timothy 2:2

**May 1, 2022**

## How to Find True Inner Peace

Are you tired of living without peace? Tired of feeling storm-tossed and restless, overwhelmed by life's chaos?

Without true inner peace, life's outer chaos becomes your heart's inner chaos. You feel frustrated, trapped, even depressed.

### Failed Chaos Coping Strategies

You've probably already tried:

- **Bottling up.** No one's allowed in and no feelings are allowed out.
- **Blowing up.** Like shaking soda, bottling up builds pressure until you explode in anger on your loved ones.
- **Numbing up.** When bottling up and blowing up don't work, you numb your pain with things like drugs, alcohol, work, junk food, or porn.

You're not alone. We understand what it feels like to lack peace. These chaos coping strategies failed us too.

We've even tried the same shallow solutions in most "How-to-Have-Peace" articles online, like "Go fly a kite in the park, do some deep breathing, play with a pet, listen to music, and go on vacation."

None of these give true inner peace.

### What True Peace Is About

True inner peace isn't about escaping the chaos. It's about finding inner calm in the outer chaos, and We've been using

God's Word for decades to help people find it.

God designed us, and the Bible is His user's manual for humans. It shows us exactly how to find true inner peace.

### The Cost of Inaction

Consider the cost of continuing to live without peace!

Is it worth an early grave from stress? Is it worth handing down anxiety and failed coping strategies to your children? Is it worth an unstable career, loneliness, bitterness, sickness, and a life filled with regret?

Don't let another day go by without finding the true inner peace only God can give you!

### 7 Things You Can Start Doing Today

We want to give you 7 principles from God's Word you can start doing right now to find true inner peace! These principles are inspired by the life of the apostle Paul.

After being falsely accused, Paul wrote this from prison:

*"Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus."*  
Philippians 4:6-7

What!? How could a falsely imprisoned man have peace? How could he have inner calm in the outer chaos?

The same way you can.

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#### **Sunday Worship Services**

9 a.m. Lord's Supper Service  
9:45 a.m. Bible Class  
10:45 a.m. Praise & Preaching

#### **Elders**

Herb Hinely 407-339-4805  
Jeff Hunt 407-739-5266  
Joe Rimmer 407-414-7393  
Dave Weaver 407-782-1112  
Tim Welsh 407-670-8279

#### **Deacons**

Matt Hinely, Terry Petty  
Erik Quist, Rory  
Salimbene, Emory  
VanCleef

#### **Evangelists**

Brian Messerli 407-300-2517  
Dwayne Gandy 214-724-5375

**Wednesday Bible Classes** 7:30 p.m.

620 Palm Springs Drive  
Altamonte Springs, FL  
407-831-3230

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# 1 Accept That Life's Not Fair

When I (Brian) didn't get my way as a kid, my dad was quick to remind me, "Life's not fair, son." I hated that!

We all know it's true, it's just hard to accept.

## Paul's Unfair Life

Few in history had a more unfair life than Paul.

- Chased from city to city under threat of death
- Lashed 39 times with a whip on 5 occasions
- Beaten with fists "times without number"
- Beaten with rods 3 times
- People threw stones at him until he nearly died
- He suffered from starvation and thirst
- Hypothermia from the cold
- Bitten by a poisonous snake
- Shipwrecked 4 times
- Spent a day and night floating at sea
- Falsely accused of a crime he didn't commit
- Imprisoned for over four years
- Beheaded under Nero

## Paul's Incredible Peace

Paul's life stunk! It was terribly unfair, yet he still had true inner peace. He had inner calm in the outer chaos because he accepted the harsh realities of life.

He wrote:

*"I have learned to be content in whatever circumstances I'm in...in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need: I can do all things through Jesus who strengthens me."*

-Philippians 4:11-13

## Don't Fixate On Life's Unfairness

When you fixate on how unfair life is, you can't have peace. If you think life was supposed to be different for you, bitterness can devour your heart.

"I wasn't supposed to lose my job."

"I wasn't supposed to get a divorce."

"I wasn't supposed to bury my child."

"My spouse wasn't supposed to get cancer."

We hear you and we are so sorry. Life can be brutal. But you'll never have true inner peace if you don't accept what happened.

You can change some things. But for things beyond your control, you have to stop fighting reality and stop pretending you're entitled to a better life.

To be clear, this isn't just a logical, callous decision to "suck it up." It means grieving the version of life we've lost and embracing what is.

Paul knew the brutal realities of life, but he never believed God owed him better circumstances. He accepted life's unfairness with a "come what may" attitude.

You can too.

## God Cares

Pro Tip: God cares about our suffering. He sent His Son to suffer the brutal realities of life with us and set a plan in motion to fix it all one day.

In the meantime, we wait and accept life's harsh realities like Paul did. When you do, you'll have inner calm in the outer chaos. You'll have inner peace.

Brian and Dwayne

*True Inner Peace*

## 2 Cor 4:16-18

Therefore, we do not lose \_\_\_\_\_ . Even though our outward man is perishing, yet the inward man is being \_\_\_\_\_ day by day. For our \_\_\_\_\_ affliction, which is but for a \_\_\_\_\_ , is working for us a far more \_\_\_\_\_ and \_\_\_\_\_ weight of glory, while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are \_\_\_\_\_ , but the things which are not seen are \_\_\_\_\_ .

NKJV

Joseph rose to be \_\_\_\_\_ in command over Egypt.

**Job 42:12** *Now the Lord blessed the latter days of Job more than his beginning; for he had fourteen thousand sheep, six thousand camels, one thousand yoke of oxen, and one thousand female donkeys. 13 He also had seven sons and three daughters. ... 15 In all the land were found no women so beautiful as the daughters of Job; and their father gave them an inheritance among their brothers. 16 After this Job lived one hundred and forty years, and saw his children and grandchildren for four generations. 17 So Job died, old and full of days.* NKJV

Job was blessed with \_\_\_\_\_ and a new \_\_\_\_\_. He was able to enjoy his grandchildren for four generations.

**2 Sam 7:8** *Now therefore, thus shall you say to My servant David, 'Thus says the Lord of hosts: "I took you from the sheepfold, from following the sheep, to be ruler over My people, over Israel. 9 And I have been with you wherever you have gone, and have cut off all your enemies from before you, and have made you a great name, like the name of the great men who are on the earth.* NKJV

God made David king over Israel and established his kingdom **forever**.  
Jesus is part of David's family!

## Practical Application

When you think life is not fair follow the example of these great men.

1. Refrain from sin, retaliation, and blaming God.
2. Keep obeying and worshiping God.
3. Wait and trust God. Remember not to judge fairness in a moment, but over a lifetime. Better yet, over an eternity.
4. Memorize 2 Cor 4:16-18, Matt 5:11-12, Romans 8:18, or 1 Peter 4:12-13 and recite it to yourself when you are upset that life's not fair.

### Questions for H2H Discussion

1. How did other Bible characters who were treated unfairly respond and what were the results? (Suggestions: Moses, Elijah, Naomi, Leah, Jeremiah...)
2. What lessons have you learned from the unfair treatment of others from your past?
3. How can you guard against treating others unfairly?
4. If you could only pass down one piece of advice to your children and/or grandchildren about dealing with the unfair treatment of others, what would it be?

# Accept That Life's Not Fair

## Points to Consider:

1. **Reality** of unfair lives
2. **Reactions** to unfair lives
3. **Results** of godly reactions to unfair lives

## Reality of unfair lives

### Joseph's goodness

Joseph was a hard-working, \_\_\_\_\_ young man.

**Gen 39:7-9** Joseph was determined to \_\_\_\_\_ God.

**Gen 39:11** *But it happened about this time, when Joseph went into the house to do his work, and none of the men of the house was inside, 12 that she caught him by his garment, saying, "Lie with me." But he left his garment in her hand, and fled and ran outside.* NKJV

Joseph literally \_\_\_\_\_ away from sin. He could not have handled the situation any better.

### Joseph's unfair reality

**Gen 39:19** *So it was, when his master heard the words which his wife spoke to him, saying, "Your servant did to me after this manner," that his anger was aroused. 20 Then Joseph's master took him and put him into the prison, a place where the king's prisoners were confined. And he was there in the prison.* NKJV

Joseph was thrown in prison for a crime he did \_\_\_\_\_ commit.

### Joseph's "Life's not fair" moment

**Gen 40:14-15** *14 But remember me when it is well with you, and please show kindness to me; make mention of me to Pharaoh, and get me out of this house. 15 For indeed I was stolen away from the land of the Hebrews; and also I have done nothing here that they should put me into the dungeon.* NKJV

Joseph did the right thing when he allowed God to use him to interpret the cupbearer's dream. He does have His "Life's not fair" moment when he said, "I was stolen away" from my home and "I've done \_\_\_\_\_ here that they should put me into the dungeon." He asked the cupbearer to remember him when he sees Pharaoh, but Joseph languished two more years in prison.

### Job's goodness

**Job 1:4** *And his sons would go and feast in their houses, each on his appointed day, and would send and invite their three sisters to eat and drink with them. 5 So it was, when the days of feasting had run their course, that Job would send and sanctify them, and he would rise early in the morning and offer burnt offerings according to the number of them all. For Job said, "It may be that my sons have sinned and cursed God in their hearts." Thus Job did regularly.* NKJV

Job \_\_\_\_\_ offered up sacrifices for his children just in case they sinned in their hearts.

## Job's unfair reality

**Job 1:18** *While he was still speaking, another also came and said, "Your sons and daughters were eating and drinking wine in their oldest brother's house, 19 and suddenly a great wind came from across the wilderness and struck the four corners of the house, and it fell on the young people, and they are dead; and I alone have escaped to tell you!"* NKJV

In one day, Job lost all his physical \_\_\_\_\_ and all his \_\_\_\_\_.

**Job 2:7** *So Satan went out from the presence of the Lord, and struck Job with painful boils from the sole of his foot to the crown of his head. 8 And he took for himself a potsherd with which to scrape himself while he sat in the midst of the ashes. 9 Then his wife said to him, "Do you still hold fast to your integrity? Curse God and die!"* NKJV

Job lost his \_\_\_\_\_ and the support of his wife.

## Job's "Life's not fair" moment

**Job 23:2-7** *"Even today my complaint is bitter; My hand is listless because of my groaning. 3 Oh, that I knew where I might find Him, That I might come to His seat! 4 I would present my case before Him, And fill my mouth with arguments. 5 I would know the words which He would answer me, And understand what He would say to me. 6 Would He contend with me in His great power? No! But He would take note of me. 7 There the upright could reason with Him, And I would be delivered forever from my Judge.* NKJV

Job correctly considered himself to be righteous. Therefore, the bad things that happened to him were \_\_\_\_\_.

The prevailing thought of the day was that wicked people suffered and righteous people \_\_\_\_\_.

## David's goodness

**1 Sam 13:3** *But now your kingdom shall not continue. The Lord has sought for Himself a man after His own heart, and the Lord has commanded him to be commander over His people, because you have not kept what the Lord commanded you."* NKJV

David was a man after God's own \_\_\_\_\_.

David killed Israel's \_\_\_\_\_ enemy.

David was a wise, loyal servant to King Saul. **1 Sam 18:5-7**

## David's unfair reality

**1 Sam 20:30-31** *Then Saul's anger was aroused against Jonathan, and he said to him, "You son of a perverse, rebellious woman! Do I not know that you have chosen the son of Jesse to your own shame and to the shame of your mother's nakedness? 31 For as long as the son of Jesse lives on the earth, you shall*

*not be established, nor your kingdom. Now therefore, send and bring him to me, for he shall surely die."*  
NKJV

Even though David was loyal to Saul, even refusing to kill him when given an opportunity, Saul was relentless in his pursuit to take David's life. Saul wanted David \_\_\_\_\_!

### David's "Life's not fair" moment

**Ps 13:1** *How long, O Lord? Will You forget me forever? How long will You hide Your face from me? 2 How long shall I take counsel in my soul, Having sorrow in my heart daily? How long will my enemy be exalted over me?* NKJV

David must have had numerous "Life's not fair" moments. Even though he did wonderful things, Saul was \_\_\_\_\_ over him for seven to ten years.

David spent that time living in caves, acting insane, being rebuffed by a fool, and leading a small band of **misfits** on raiding missions for the Philistines.

Other examples: Moses, Elijah, Naomi, Leah, Jeremiah...

## Reactions to unfair lives

Joseph's reaction was to continue to **refrain** from sin, **work** with integrity, and \_\_\_\_\_ other people. More about Joseph in lesson six.

**Job 1:20-22** *Then Job arose, tore his robe, and shaved his head; and he fell to the ground and worshiped. 21 And he said: "Naked I came from my mother's womb, And naked shall I return there. The Lord gave, and the Lord has taken away; Blessed be the name of the Lord." 22 In all this Job did not sin nor charge God with wrong.* NKJV

Job's reaction to his unfair life was to \_\_\_\_\_ God. He did not sin or blame God.

**Job 42:1-3** *Then Job answered the Lord and said: 2 "I know that You can do everything, And that no purpose of Yours can be withheld from You. 3 You asked, 'Who is this who hides counsel without knowledge?' Therefore I have uttered what I did not understand, Things too wonderful for me, which I did not know.* NKJV

Job realized that his suffering was a small thing if God was glorified through it. He also acknowledged that his understanding was limited, and God's is \_\_\_\_\_.

**Ps 13:5-6** *But I have trusted in Your mercy; My heart shall rejoice in Your salvation. 6 I will sing to the Lord, Because He has dealt bountifully with me.* NKJV

**Ps 25:20-21** *Keep my soul, and deliver me; Let me not be ashamed, for I put my trust in You. 21 Let integrity and uprightness preserve me, For I wait for You.* NKJV

David chose to deal with unfair treatment by **waiting** on and \_\_\_\_\_ in the Lord. David did not choose vengeance. He did not try to settle the score himself.

## Results of godly reactions to unfair lives

**Gen 41:42** *Then Pharaoh took his signet ring off his hand and put it on Joseph's hand; and he clothed him in garments of fine linen and put a gold chain around his neck. 43 And he had him ride in the second chariot which he had; and they cried out before him, "Bow the knee!" So he set him over all the land of Egypt.* NKJV