



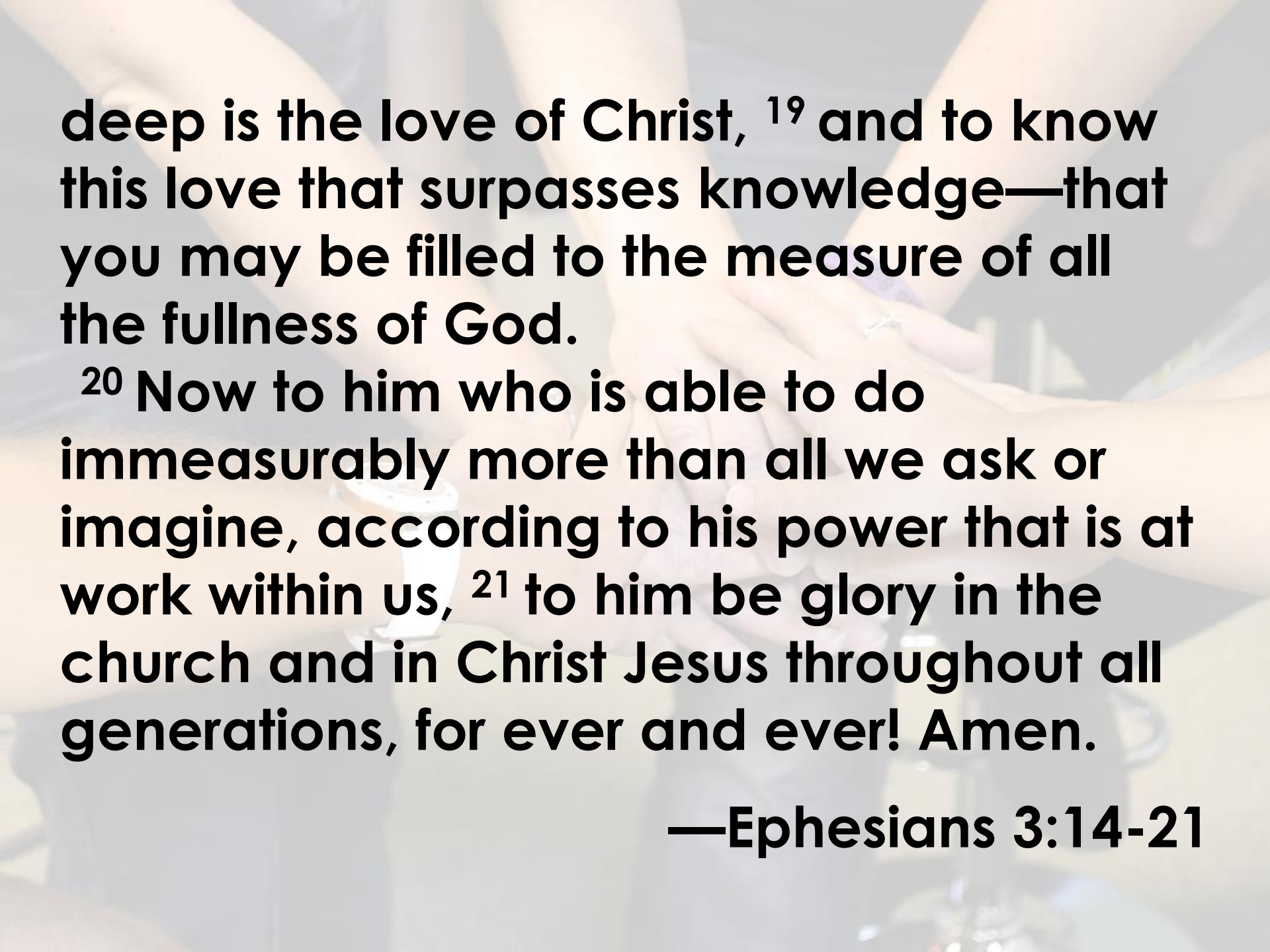


A group of people's hands are stacked together in a circle, symbolizing unity and prayer. The hands are of various skin tones and are positioned in a way that suggests a collective effort or a shared purpose. The background is a soft, out-of-focus indoor setting, possibly a church or a community center, with a microphone visible in the lower right corner. The overall tone is warm and supportive.

**PRAYERFUL  
INTIMACY**

**PRAYERS FROM  
EPHESIANS**

**<sup>14</sup> For this reason I kneel before the Father,  
<sup>15</sup> from whom every family in heaven and  
on earth derives its name. <sup>16</sup> I pray that  
out of his glorious riches he may  
strengthen you with power through his  
Spirit in your inner being, <sup>17</sup> so that Christ  
may dwell in your hearts through faith.  
And I pray that you, being rooted and  
established in love, <sup>18</sup> may have power,  
together with all the Lord's holy people, to  
grasp how wide and long and high and**



**deep is the love of Christ, <sup>19</sup> and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.**

**<sup>20</sup> Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, <sup>21</sup> to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.**

**—Ephesians 3:14-21**

A group of people's hands are stacked together in a circle, symbolizing unity and support. The hands are of various skin tones and are positioned in a way that suggests a collective effort or prayer. The background is a soft, out-of-focus indoor setting.

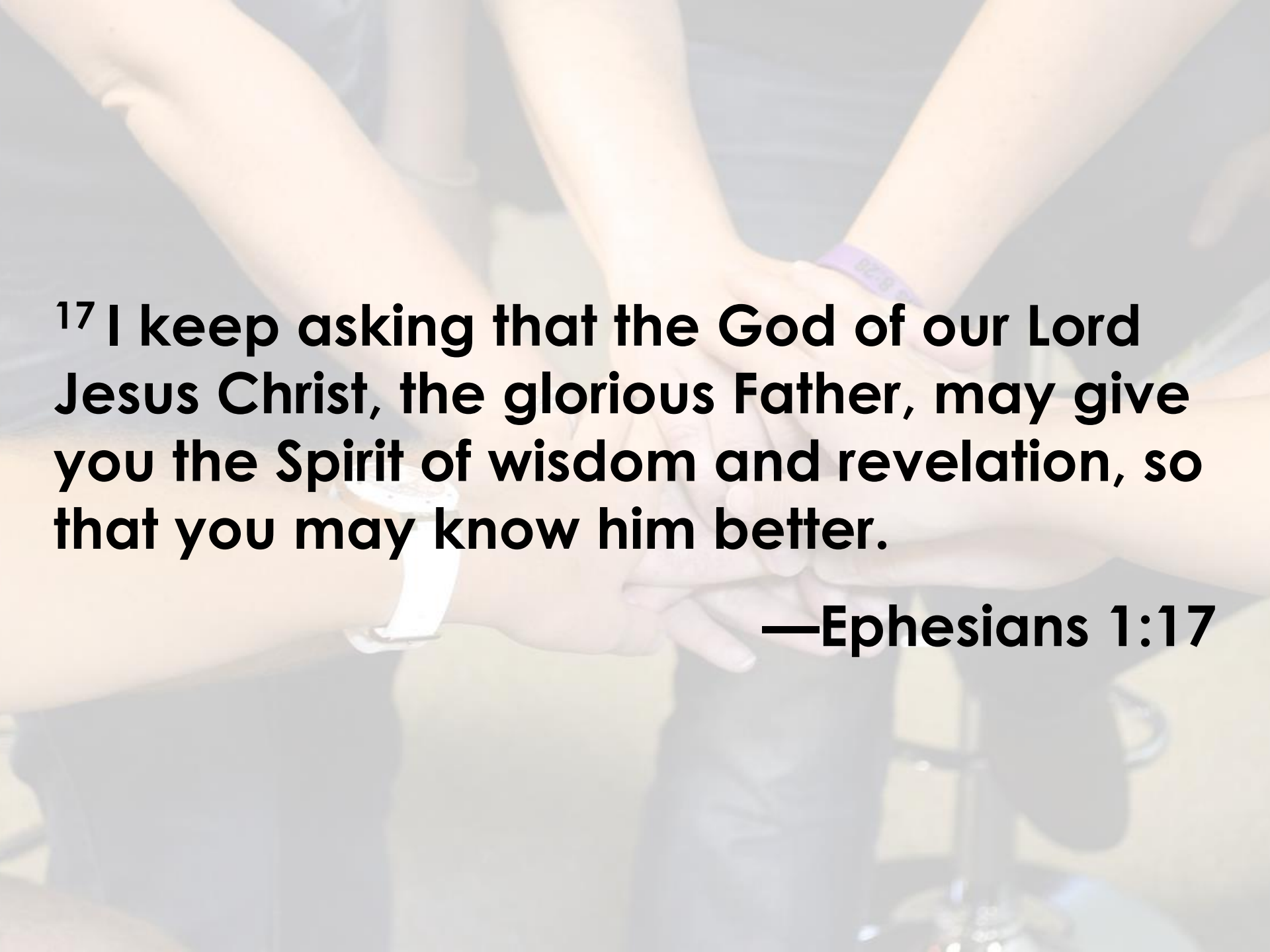
**The most loving language can be,**

**“I will pray for you.”**

A group of people's hands are stacked together in a circle, symbolizing unity and intercession. The hands are of various skin tones and are positioned in a way that suggests a collective effort or prayer. The background is a soft, out-of-focus indoor setting.

**What are the requests of intercession?**

**To know Christ**

A group of people's hands are clasped together in a circle, symbolizing unity and support. The hands are of various skin tones and are wearing different colored wristbands (purple, white, black). The background is a soft, out-of-focus indoor setting.

**<sup>17</sup> I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.**

**—Ephesians 1:17**



A photograph showing several people's hands stacked together in a circle, symbolizing unity and support. The hands are of various skin tones and are wearing different accessories like a white watch, a purple wristband, and a ring. The background is blurred, suggesting an indoor setting.

**1<sup>9</sup> My dear children, for whom I am again  
in the pains of childbirth until Christ is  
formed in you...**

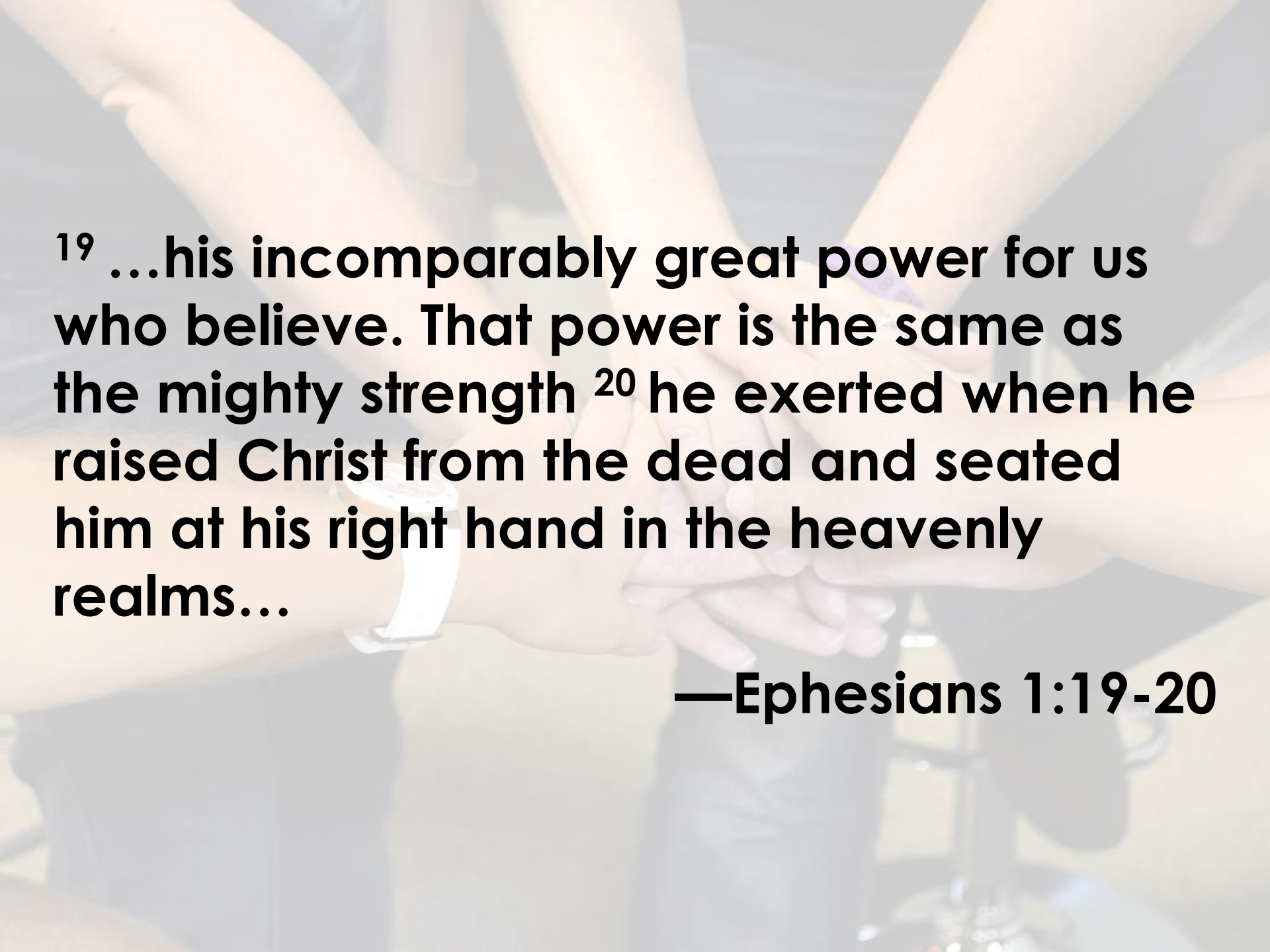
**—Galatians 4:19**



What are the requests of intercession?

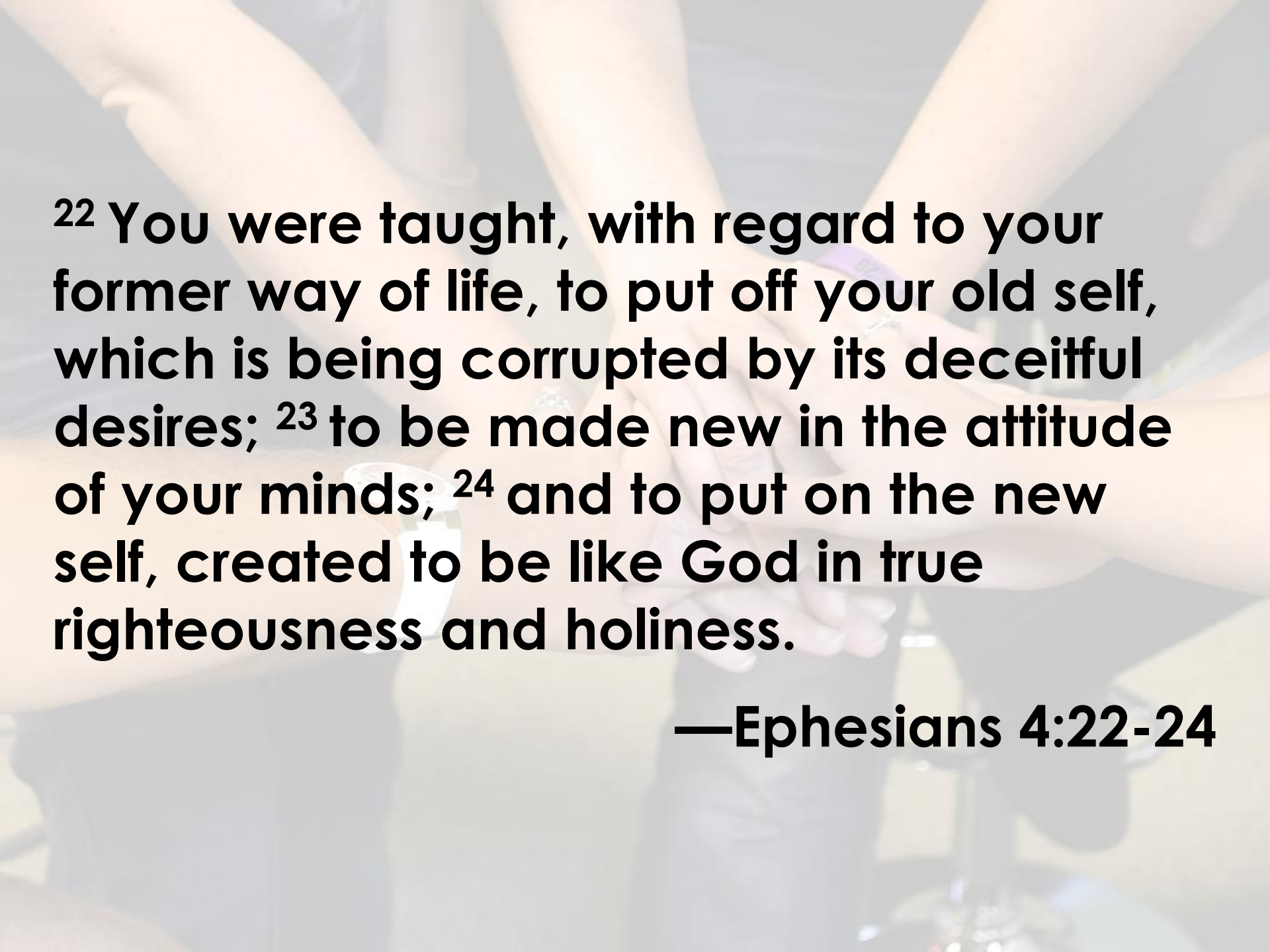
To know Christ

To have transformational power



**19 ...his incomparably great power for us who believe. That power is the same as the mighty strength <sup>20</sup> he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms...**

**—Ephesians 1:19-20**

A group of people holding hands in a circle, symbolizing unity and support. The image is a close-up, slightly blurred photograph of several hands of different skin tones clasped together in a circle. The background is a soft, out-of-focus light color.

**<sup>22</sup> You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness.**

**—Ephesians 4:22-24**

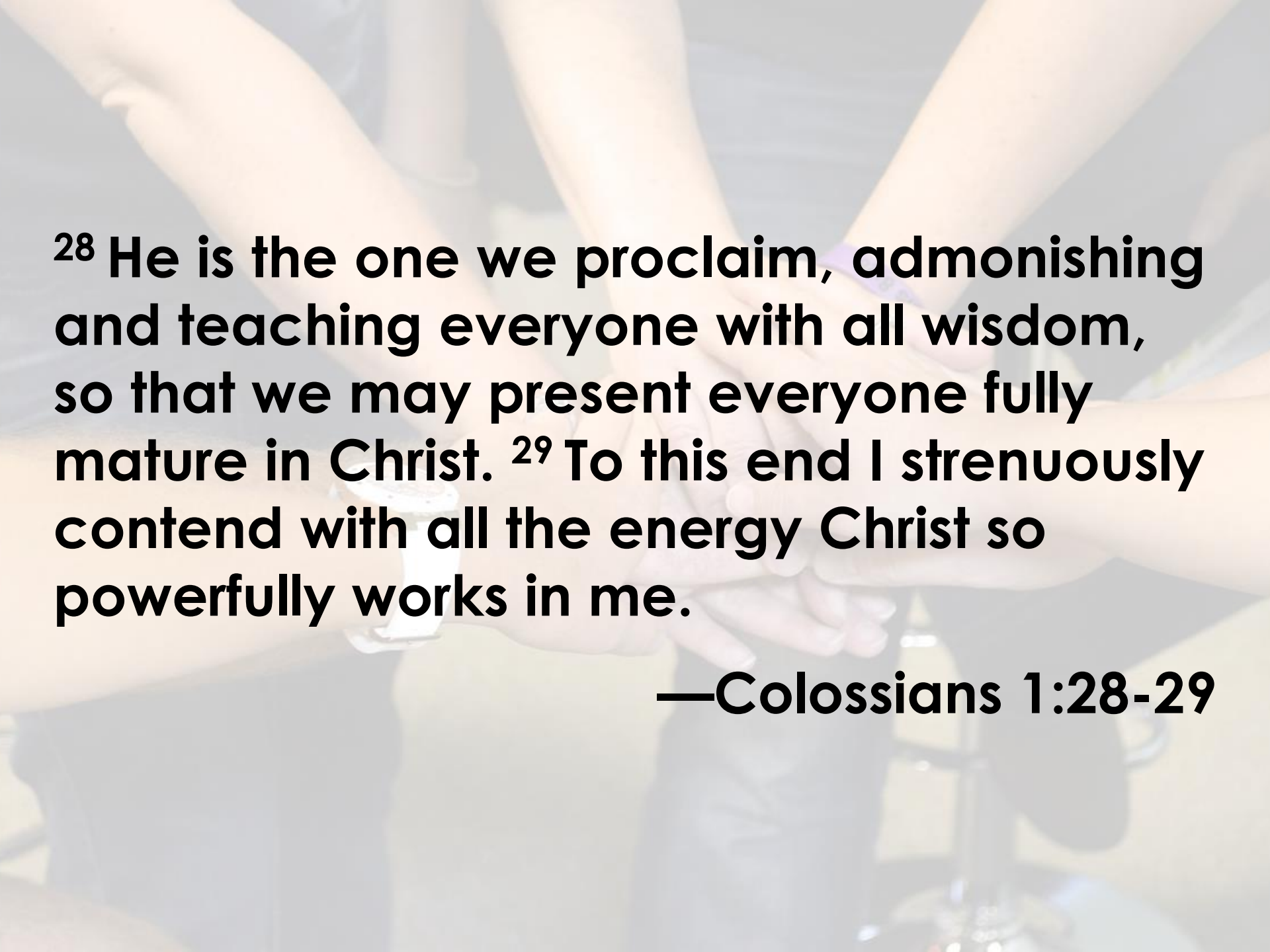


What are the requests of intercession?

To know Christ

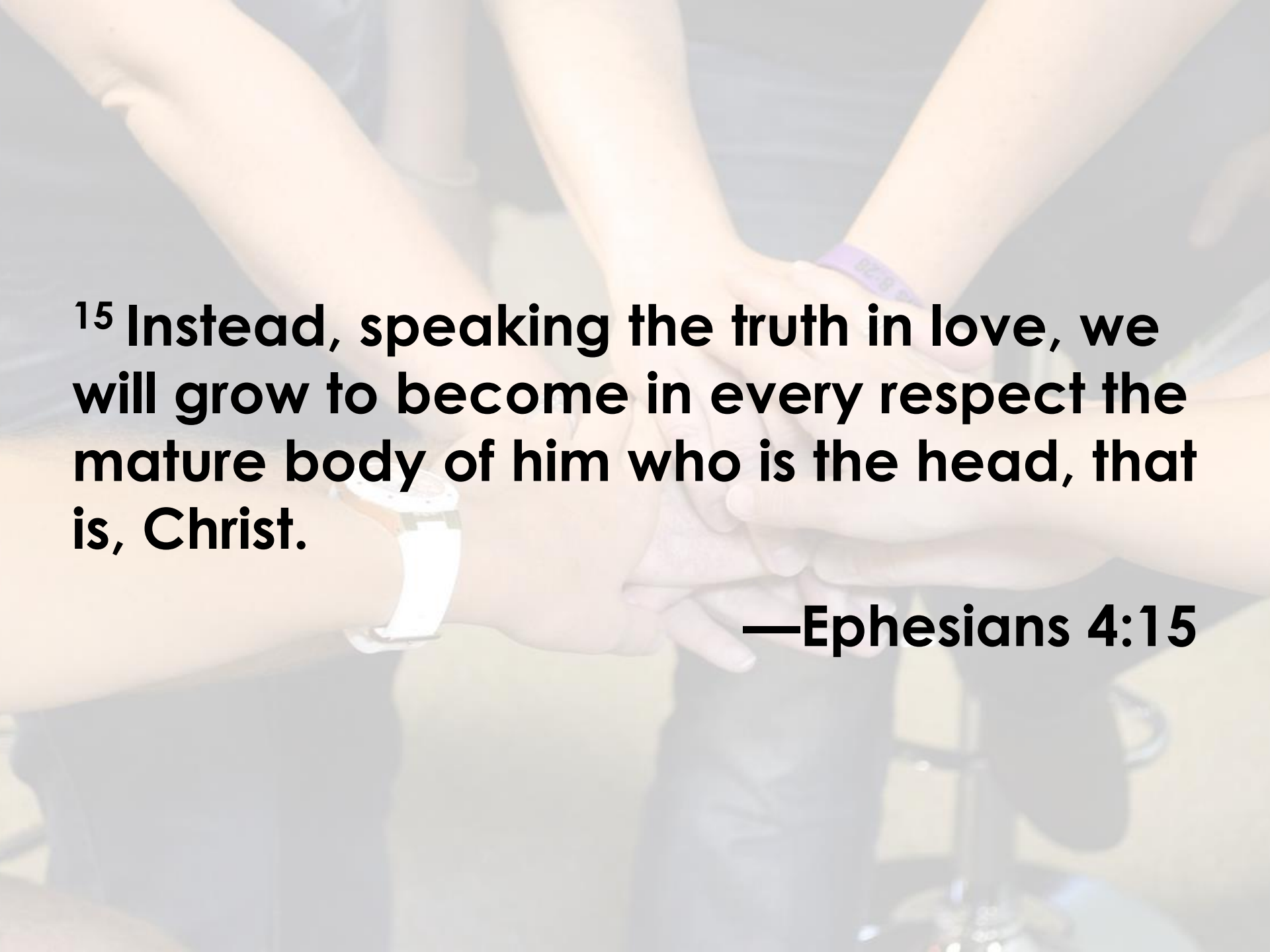
To have transformational power

To be full or mature



**28 He is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ. 29 To this end I strenuously contend with all the energy Christ so powerfully works in me.**

**—Colossians 1:28-29**

A group of people's hands are clasped together in a circle, symbolizing unity and support. The hands are of various skin tones, and some are wearing wristbands or watches. The background is a soft, out-of-focus indoor setting.

**<sup>15</sup> Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.**

**—Ephesians 4:15**



What are the requests of intercession?

To know Christ

To have transformational power

To be full or mature

To be courageously faithful



**1<sup>8</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.**

**1<sup>9</sup> Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.**

**—Ephesians 6:18-20**



What are the requests of intercession?

To know Christ

To have transformational power

To be full or mature

To be courageously faithful

A group of people's hands are stacked together in a circle, symbolizing unity and support. The hands are of various skin tones and are wearing different accessories like a purple wristband, a silver ring, and a white watch. The background is a blurred indoor setting.

**Those prayerful desires will affect**

**our hunger for,**

**our conversations with,**

**and our experiences with**

**one another.**

