

“Easy” and “Light” Christianity?

Let's read Matt.11:28-30. Question: Do you believe what we just read? Really? Do you believe the *yoke* of Christianity is “easy”? Do you believe the *burden* of Christianity is “light”? Jesus said it was- do you believe Him? Or does being a *Christian* make you “weary”? And does it feel like a “heavy” burden?

If being a Christian and living the life of one is *hard, heavy, and exhausting*, then one of two things is true:

1. You're “doing it” *wrong*; or,
2. You're “doing it” *wrong!*

Jesus said:

- He provides “rest,” v.28.
- He will *teach/guide*, v.29a.
- He is a “gentle” and “humble-hearted” *yoke-fellow*, v.29b.
- *Working with Him* is “rest(ful) for your soul,” v.29c.
- His yoke is “easy” and His load is “light,” v.30.

So, if Christianity is *hard and heavy* instead of “*easy and light*,” then you're doing it “wrong”... perhaps by:

- **Trying to do it “all” yourself.** Remember/rely on your *Yoke-Fellow*; He did/does all the *heavy lifting/pulling!* You don't have *devise a plan, implement it* (save yourself), and get to heaven *on your own*, Eph.2:8-10!
- **Trying to go your way rather than His.** “Can two walk together except they be agreed?” Amos 3:3. It will be “hard” to be *yoked with Christ* if you keep trying to *walk “your way”* way rather than His cf. John 14:6; 8:12.
- **Adding extras on His load.** His *easy yoke* and *light burden* only become *hard* and *heavy* when we “pile on” *weights* to it, Heb.12:1-2; 2Cor.11:3.

What's *hard/heavy* about:

1. **Hearing/listening** to an *omniscient* and *omnipotent* God who *loves* and wants to *save you* from eternal damnation, Rom.10:17; Eph.5:15-17?
2. **Believing** something that is true (that Jesus *lived* and *died* as a man and was *raised, ascended*, and is *seated God's right hand*), John 8:24; 1Thess.4:14?
3. **Confessing your faith in Him (if you believe it, why not say so!)?** Such is *easy*, especially if you truly *believe* and when you consider the alternative, Matt.10:32-33!
4. **Repenting?** What you've *thought, believed*, and *done before* has been *heavy and hard* (the way of the transgressor is hard, Prov.13:15!) and has brought you nothing but *guilt, shame, heartache*, and *despair*. Why not admit you've been wrong, *change your mind* and *commit yourself to His*

way? It's not really *hard* to change your *mind* and *way* about something that produces *destruction* and *death* rather than *life* and *liberty*, cf. Prov.12:28; 14:12; 16:25!

5. **Baptism?** Are you afraid of water? Do you take a bath to clean your *body* don't you? What's so *hard* about being *immersed in water* to clean your *conscience* and *soul* from sin, cf. Acts 22:16; 1Pet.3:21?
6. **Living for Jesus? Remember, your Yoke-Fellow:**
 - **Was crucified for you, Gal.1:3-4.** Is it really *hard* to *live through* and *for Him*, Gal.2:20?
 - **Intercedes for you, Rom.8:34** (and provides the Holy Spirit to do so also, vv.26-27) and **advocates for you, 1John 2:1!**
 - **Is willing to forgive you anytime and every time you fail we if you admit your mistake and sincerely ask forgiveness, 1John 1:9!**
 - **Provides you with "all things pertaining to life and godliness," 2Pet.1:3; Shepherds to lead, feed, and watch for your soul, Acts 20:28,32; 1Pet.5:2-3; and brethren to love, encourage, and assist you, Eph.4:11-16!**

Conclusion: So if Jesus says being *yoked with Him* is *easy* and His *load* or *burden* is *light*, who are we to say its too *hard* and *heavy*?

If that's our conclusion about "Christianity," then we either have the wrong *idea/concept* of Christianity, or we're *doing it wrong!*

Jesus *wants to* and has *provided the way* to give you *spiritual life* in *abundance*, John 10:10b; His *way* is *easy*, *light*, and provides *rest*, Matt.11:28-30; Satan wants to *steal*, *kill*, and *destroy* you, John 10:10a; He has convinced you that Jesus' way is *too hard* and *to heavy*. Whom will *believe* and to whom will you *submit*, and whom will you *disbelieve* and *resist*, Jas.4:7?

The *choice* is *easy* and the *burden* is *light* with Jesus!