

The Peace of God



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Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

(Philippians 4:6, 7)

Anxious in Nothing, Prayerful in Everything.

“Be anxious for nothing...” If only it were as easy as it sounds.

(1st Thess. 3:1-5)

“...but in everything...” Paul elaborates by offering a contrast.

“...by prayer and supplication,” We have an avenue of communication between us on earth and God in heaven.

(1st Thess. 5:16-18)

“...with thanksgiving,” But why would we be thankful in the face of anxieties?

(Gen. 1:1, 2, 31; Deut. 10:17; Matt. 6:8; Psa. 66:16-20; 113)

“...let your requests be made known to God;” There is never a reason for us to not pray if it is for the right thing.

(Dan. 6:10; Luke 6:12; 1st Thess. 5:16-18; 1st Peter 5:6, 7)

Then the Peace of God Will Come Upon Us.

“...and the peace of God,” The ultimate form of peace is the peace of God.

(Jer. 32:17; Isa. 26:3, 4)

“...which surpasses all understanding,” What is true peace?

(Matt. 26:39, 42, 44; Psa. 130:5, 6; 1 Peter 5:6, 7; Rom. 8:26, 27)

“...will guard your hearts...” A peace to calm the quaking in our hearts.

(Prov. 3:5, 6; 4:23; 12:25)

“...and minds...” A peace to silence the thoughts we do not want.

(Rom. 12:2; 1st Peter 1:13)

“...through Christ Jesus.” Our Savior, King and the One who makes intercession for us in all things.

(John 14:27; Eph. 5:20; John 1:1-3; Heb. 7:25)

Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

(1 John 5:14, 15)