



# THE MESSENGER

## JUNE 6, 2021

### NEWS AND NOTES

**Congregational Meeting**  
TBD

**Weekly Bible Studies**  
Tuesdays at 11 on Zoom

#### **Times of Service**

##### **Sunday**

Bible study: 9:45 AM  
Worship: 10:45 AM; 6 PM

##### **Wednesday**

Bible study: 7:30 PM  
(Immediately followed by a  
short worship service)

##### **First Friday of Month**

##### **Singing**

On hold

#### **Address and Contact**

University Heights Church of  
Christ  
445 Columbia Ave., Lexington,  
KY 40508  
(859) 255-6257  
[www.uheightschurch.com](http://www.uheightschurch.com)

### THE BLESSINGS OF POOR HEALTH

Upon learning a dreaded diagnosis, one is prone to ask “Why me? It is important to recognize when one voices this question there is a rebuttal rarely voiced. “Why *not* you?” I would suggest the question “Why me” derives from an inflated sense of self. Let’s call it what it is: pride. Why did I get cancer or heart disease? Why am I the one who has to live with diabetes? It shouldn’t be me! Now, the rebuttal: Why not? What makes you so special as to be immune from such circumstances of life?

Another question is, “If not you, then who?” If you could lift whatever ill health distresses you and give it to another, who would that person be? What a selfish and proud move that would be! On the other hand, ill health can be a benefit, a blessing that it makes one humble, and humility pleases God. Paul recognized this. *So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. Three times I pleaded with the Lord about this, that it should leave me. But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness. Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.”* (2 Corinthians 12:7-9) Here, in a nutshell, is blessing number one: ill health might eventually get the best of you, but it will do so much quicker and more thoroughly if you are not humbled by it.

Here is blessing number 2: continually asking “why me?” results in focusing on the wrong priorities. Ill health is a blessing in that you are provided opportunity to get your priorities in proper order. Matthew 6:33 comes to mind: *But seek first the kingdom of God and his righteousness, and all these things will be added to you.* The verse says to seek two things: the kingdom of God and the righteousness of God. The verse exhorts folks to get into a right relationship with the Creator. There is nothing more important for the human soul than to be righteous in the sight of God and to be

**Members Needing Our Prayers**

Pat, Seabolt, Janet Brundige, Joyce Bolton, Karen Spivey, Rhonda Boyd, Cindy Bradbury, Paul Atkisson, Rhonda Boyd (and family)

**Others Needing Prayers**

Ann Little, Mary Jean Snyder, Mark Nickles, Dale Lyons, Adam Fusco, Rachel and Sarah White, Duane Harrod, Grace Meyer, Andy Seabolt, Meredith Nicholson, Alice and Lonnie Anderson, Glen Perkins, Ethan Shelton, Terry Daniels, Harvey Baker, Leroy Weatherholt, Robert Brundige, John Blessing, William Roberts, Paul and Marrian Lyda, Dana and her children, Shane (a relative of Cindi), Ron Harmon, Debbie Lanphear

**To Our Guests**

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serving faithfully in the kingdom. If you have not been thinking about the condition of your soul then ill health may be the thing that straightens your thinking out. When your relationship with God is right, other priorities will be properly ordered as well.

Blessing number 3 flows from blessing 2. Being in a right relationship with God brings the privilege of prayer. Paul often prayed on his own behalf. So did Jesus. Few are as eloquent as David. I'm not sure of the situation in Psalm 69, but David's words leave no doubt as to his deep inner turmoil. The Psalm begins: *Save me, O God; for the waters are come in unto my soul. I sink in deep mire, where there is no standing: I am come into deep waters, where the floods overflow me. I am weary of my crying: my throat is dried: mine eyes fail while I wait for my God.* David seeks divine aid after expressing turmoil, often ending his songs by declaring his trust that whatever God chose to do on his behalf would be of great benefit.

Ill health is a blessing for by it we are taught humility, opportunity for getting into a right relationship with God, and trust that He will answer our petitions. Without the blessing of ill health, some may never reach the point of being able to say, *"I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me."* John Thompson

<b>Elders</b>	<b>Deacons</b>	<b>Evangelist</b>
Troy Antle	Richard Brundige	Adam Litmer
David Collins	Adam Daniels	
John Thompson	Adam Litmer	
	Frank Patton	
	Jamie Powell	
	Pat Seabolt	
	Matt Thompson	
	James Weatherholt	

