



# THE MESSENGER

## AUGUST 20 , 2023

### NEWS AND NOTES

---

#### **Congregational Meeting**

September 17

#### **Our Next Gospel Meeting**

September 10-15

#### **Weekly Bible Studies**

Thursday at 2 on Zoom

#### **Times of Service**

##### **Sunday**

Bible study: 9:45 AM

Worship: 10:45 AM; 6 PM

##### **Wednesday**

Bible study: 7:30 PM

(Immediately followed by a short worship service)

#### **First Friday of Month**

##### **Singing**

February 3, 7:30

#### **Address and Contact**

University Heights Church of  
Christ

445 Columbia Ave., Lexington,  
KY 40508

(859) 255-6257

[www.uheightschurch.com](http://www.uheightschurch.com)

### “YOU MUST RULE OVER IT”

---

God said two things to Cain about sin in Genesis 3:7 that I want to consider with you. “If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is contrary to you, but you must rule over it.” In the previous article we considered the statement, “Its desire is contrary to you.” Today we will consider the statement, “You must rule over it.”

If a Christian is hoping the day arrives where temptation no longer troubles them, I am afraid they are wishing for a day that will never come. As Jesus himself said, “Temptations to sin are sure to come.” (Luke 17:1a) In this life temptation will remain an ever-present reality.

And yet, as daunting as temptation can be, it is not all powerful. There are temptations in this life that are beyond our ability to bear, yet the One who *is* all powerful promised we will never have to face them. “No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.” (1 Corinthians 10:13) This from the One who cannot lie. (Hebrews 6:18)

Sometimes that way of escape comes in the form of appropriate passages that calibrate our minds and keep us on the correct footing. Sometimes the escape comes through prayer and a request for strength and wisdom. Other times that escape is literally escaping from the

**Members Needing Our Prayers**

Carol Halbrook, John Thompson, Joyce Bolton, Rick Small, Benny and Arlena Poynter, Janet Brundige, Rhonda Boyd, Cindy Bradbury, Paul Atkisson,

**Others Needing Prayer**

Blake and Brianna Ratliff, Georgia Patton, Glenda Miller, Michael Edwards, Alyse Nash, Charles and Mary Bishop, Helen Thomas, Patty Hill, Eli Kempton, Sophie Brown, Family of Valari Butler-Jones, Charlie Hoy, Janice Parsons, Veronica Bowman, Allison Walker, Mark Nickles, Dwayne Harrod, William Roberts, Paul and Marrian Lyda, Dana and her children, Shane (a relative of Cindi), Ron Harmon, Patty Hill

**To Our Guests**

Interested in a Bible study? Either let one of us know or mark it on your visitor card.

Visit us on Facebook, YouTube, or our website to watch or listen to sermons.

vicinity of the temptation altogether. Paul spoke of this in 1 Corinthians 6:18 and Joseph did it in Genesis 39.

God’s part is providing a means of escape from the temptation which He does every time without fail. Our part is to use that means of escape which we *should* do every time we’re tempted. This is where we fail sometimes. Taking personal responsibility for one’s actions is becoming increasingly anachronistic and unpopular in our country. It is imperative that we recall God, in His first recorded conversation with man on his relationship to sin, unambiguously declared, “You must rule over it.” Let us strive to do just that, brethren. Adam Litmer

<b>Elders</b>	<b>Deacons</b>	<b>Evangelist</b>
Troy Antle	Richard Brundige	Adam Litmer
David Collins	Adam Daniels	
	Marcus Lake	
	Adam Litmer	
	Frank Patton	
	Jamie Powell	
	Pat Seabolt	
	James Weatherholt	

